



THE UNIVERSITY OF NOTRE DAME AUSTRALIA

Program Code: 3310

CRICOS Code: 061707D

PROGRAM REGULATIONS:

Bachelor of Outdoor Recreation

BORec

Responsible Owner: Dean
Responsible Office: School of Health Sciences
Contact Officer: PCAC Executive Officer
Effective Date: 1 January 2020



THE UNIVERSITY OF
NOTRE DAME
A U S T R A L I A

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2 AMENDMENTS

Amendments to these regulations will be made in accordance with the General Regulations.

Version	Date Amended	Amendment Details	Approved by
1	December 2008	Amendments to Program regulations	Dean
2	October 2009	Amendments to Program regulations	Dean
3	June 2010	Amendments to Program regulations	Dean
4	November 2011	Amendments to Program regulations	Dean
5	August 2012	Amendments to Program regulations	Dean
6	December 2013	Regulations transferred to new template	Dean
7	October 2014	Amendments to Program regulations (Removal of Honours)	Dean
8	August 2015	Amendments to Program regulations	Dean
9	January 2018	New Course codes assigned	PVCA
10	October 2017	New Units of Credit assigned	SAO
11	November 2018	Change to Program maximum duration	SAO
11	November 2018	Regulations transferred to new template	SAO

3 PURPOSE

These Program Regulations set out the approved requirements for the Bachelor of Outdoor Recreation.

4 OVERVIEW

4.1 Campus Availability

The Bachelor of Outdoor Recreation has been approved for delivery on the Fremantle Campus.

4.2 Student Availability

The Bachelor of Outdoor Recreation is available for enrolment to domestic Students and international Students with a student visa.

4.3 Australian Qualifications Framework

The Bachelor of Outdoor Recreation is accredited by the University as a Level 7 AQF qualification.

4.4 Duration

The Volume of Learning for the Bachelor of Outdoor Recreation is three (3) years of equivalent full-time study.

An option to complete this Program Part-time is available.

4.5 Maximum Duration

The maximum period of time within which a student is permitted to complete the Bachelor of Outdoor Recreation Award is detailed in the University's General Regulations.

4.6 Study Mode

The Bachelor of Outdoor Recreation is offered in Internal Study mode.

4.7 Professional Accreditation

There are no professional accreditation requirements applicable to this Program.

5 ENTRY REQUIREMENTS

5.1 University Admission Requirements

To be eligible for admission to The University of Notre Dame Australia, all applicants must meet the [University's minimum requirements for admission](#). The requirements for admission are detailed in the University's Policy: *Admissions*.

5.2 Specific Program Requirements for Admission

5.2.1 There are no additional entry requirements for this Award.

5.2.2 An applicant must hold a current Apply First Aid (Senior First Aid Certificate, with CPR) on commencement of the degree.

6 PRACTICUM OR INTERNSHIP REQUIREMENTS

6.1 Students are required to complete Bachelor of Outdoor Recreation that includes a minimum of three hundred (300) hours of practicum.

6.2 In the Bachelor of Outdoor Recreation Industry Practicums are taught across the whole academic year, but are structured as multi-term courses in which students enrol into a Part A and Part B course. The courses are charged separately for each semester but are linked academically and must be completed in sequence in a single calendar year. A final grade is awarded only against the Part B course and will appear as a single entry on the transcript. In the event of failure, both Part A and Part B course must be repeated

7 PROGRAM REQUIREMENTS

7.1 Program Learning Outcomes

Upon successful completion of the Bachelor of Outdoor Recreation graduates will be able to:

1. Demonstrate effective outdoor leadership knowledge and practices in a variety of settings with diverse sub populations.
2. Evaluate, develop and apply technical, safety and environmental practices;
3. Critically analyse and formulate instructional, organization and facilitation practices.
4. Critically evaluate decision making, experience based judgment, problem solving, effective communication, flexible leadership and professional ethics.
5. Apply research skills to update outdoor recreation related professional knowledge as a basis for independent lifelong learning.
6. Plan, implement and evaluate expedition based programs.
7. Exemplify professional standards in a variety of practical, interpersonal and theoretical contexts related to outdoor recreation and its associated fields.
8. Articulate objective and universal truth, appreciate the intrinsic dignity of the human person, and exhibit good intellectual, moral and theological habits.

7.2 Required Courses

To be eligible for the award of Bachelor of Outdoor Recreation students must complete a minimum of 600 Units of Credit chosen from the courses listed in Appendix A comprising:

- 75 Units of Credit from three (3) Core Curriculum Courses
- 525 Units of Credit from twenty seven (27) Courses (including 150 units of credit from 6 general elective courses) listed in Appendix A

*Variation in total of units of credit may occur depending on course selection.

7.3 Elective Courses

Students enrolled in the Bachelor of Outdoor Recreation are required to complete six (6) elective courses. Elective courses can be selected from the courses offered by the School of Health Sciences provided the prerequisite courses have been completed. Elective courses may be selected from the School of Business and Arts & Sciences course offerings.

7.4 Honours

The Bachelor of Outdoor Recreation is offered with Honours. Details are available in The Bachelor of Outdoor Recreation (Honours) regulations (Program code 3499).

7.5 Course substitutions

Course substitutions, where permitted, must be approved by the Dean.

7.6 Majors

A Major in Health Promotion is available within the Bachelor of Outdoor Recreation. Requirements for the Majors are listed in Appendix B.

7.7 Minors

Minors in Counselling, Health Promotion, and Science are available within the Bachelor of Outdoor Recreation. Requirements for the Minors are listed in Appendix B.

7.8 Specialisations

Specialisations in Business, Health Promotion, Science and Exercise Sport Science are available within the Bachelor of Outdoor Recreation. Requirements for the Specialisations are listed in Appendix B.

7.9 Special Award Requirements

7.9.1 Students enrolled in this Award are required to complete the following certifications:

Wilderness First Aid, Munda Biddi Ride Guide, Paddle Australia Award for basic skills (canoe, kayak, sea kayak), Aquatic Rescue Qualification Start Course (ARQ) (yearly practical) as part of various courses within the Award.

7.9.2 A Mental Health First Aid Module presented as part of the final year Internship must be completed.

8 DEFINITIONS

For the purpose of these Regulations, the following definitions are available in the General Regulations.

- Leave of Absence
- Major
- Units of Credit
- Pre-requisite Course
- Minor
- Elective
- Co-requisite Course
- Specialisation
- General Elective

APPENDIX A: Bachelor of Outdoor Recreation

YEAR ONE						
Semester One			Semester Two			
Course Code	Course Title	Units of credit	Course Code	Course Title	Units of credit	
HLTH1150	Academic Research & Writing in Health Sciences	25	HLTH1620	Health Issues & Preventive Approaches	15	
HLTH1001	Physical Activity & Health	25	HLTH1920	Introduction to Teaching & Learning In an Experiential Context	20	
HLTH1910	Introduction to Professional Practice In Outdoor Recreation	20	HLTH1930	Basic Expedition Skills	20	
BESC1110	Developmental Psychology – Health Sciences	20	GEOG1110	Physical Geography: Climates, Geology and Soils	25	
HLTH1506	Outdoor Recreation Industry Practicum 1A	10	HLTH1507	Outdoor Recreation Industry Practicum 1B	15	
Total Units of Credit for Y1 S1		95	Total Units of Credit for Y1 S2		105	
					Total Units of credit Year One	200

YEAR TWO						
Semester One			Semester Two			
Course Code	Course Title	Units of credit	Course Code	Course Title	Units of credit	
HLTH2920	Expeditions on Land	15	HLTH2930	Expeditions on Water	15	
ABOR1000	Aboriginal People	25	CORE1010	Introduction to Philosophy	25	
CORE1020	Ethics	25	BESC1050	Social Science Research	25	
	General Elective 1	25		General Elective 2	25	
HLTH2508	Outdoor Recreation Industry Practicum 2A	10	HLTH2509	Outdoor Recreation Industry Practicum 2B	10	
Total Units of Credit for Y2 S1		90	Total Units of Credit for Y2 S2		110	
					Total Units of credit Year Two	200

YEAR THREE						
Semester One			Semester Two			
Course Code	Course Title	Units of credit	Course Code	Course Title	Units of credit	
HLTH2940	Introduction to Roping & Challenging Courses	15	HLTH3940	Expedition Planning & Implementation	15	
CORE1030	Introduction to Theology	25	HLTH3300	Adaptive & Inclusive Practice for Physical Education	15	
	General Elective 3	25		General Elective 5	25	
	General Elective 4	25		General Elective 6	25	
HLTH3512	Outdoor Recreation Industry Internship A	15	HLTH3513	Outdoor Recreation Industry Internship B	15	
Total Units of Credit for Y3 S1		90	Total Units of Credit for Y3 S2		110	
					Total Units of credit Year Three	200
					TOTAL PROGRAM UNITS OF CREDIT:	600

APPENDIX B: MAJOR/MINOR/SPECIALISATION REQUIREMENTS

Major: Health Promotion

Course Code	Course Title	Pre-requisite	Units of Credit
HLTH1001	Physical Activity & Health		25
HLTH1620	Health Issues & Preventive Approaches	HLTH1001 Physical Activity & Health OR HLTH1150 Academic Research & Writing in Health Sciences	15
HLTH2100	Psychosocial Aspects of Sport & Physical Activity	HLTH1150 Academic Research & Writing in Health Sciences AND BESC1000/1110 Developmental Psychology OR HLTH1001 Physical Activity & Health	15
HLTH2510	Exercise, Health & Disease	HLTH1001 Physical Activity & Health	15
HLTH2620	Population Approaches to Health Promotion	HLTH1620 Health Issues & Preventive Approaches	20
HLTH3101	Nutrition for Health & Physical Activity	HLTH1001 Physical Activity & Health	15
HLTH3610	Community Approaches to Health Promotion	HLTH1620 Health Issues & Preventive Approaches	25
HLTH3620	Health Sciences Research	HLTH1620 Health Issues & Preventive Approaches	25

Minor: Health Promotion

Course Code	Course Title	Pre-requisites	Units of Credit
HLTH1001	Physical Activity & Health		25
HLTH1620	Health Issues & Preventive Approaches	HLTH1001 Physical Activity & Health OR HLTH1150 Academic Research & Writing in Health Sciences	15
HLTH2100	Psychosocial Aspects of Sport & Physical Activity	HLTH1150 Academic Research & Writing in Health Sciences AND BESC1000/1110 Developmental Psychology OR HLTH1001 Physical Activity & Health	15
HLTH2620	Population Approaches to Health Promotion	HLTH1620 Health Issues & Preventive Approaches	20
HLTH3610	Community Approaches to Health Promotion	HLTH1620 Health Issues & Preventive Approaches	25
HLTH3620	Health Sciences Research	HLTH1620 Health Issues & Preventive Approaches	25

Minor: Counselling

Course Code	Course Title	Pre-requisites	Units of Credit
COUN1003	Theories & Approaches to Counselling		25
COUN1004	Counselling Skills Training 1		25
COUN2002	Counselling Skills Training 2		25
		Plus three (3) of the following courses (including at least one (1) 3000 level course	
COUN2005	Grief & Loss Counselling	COUN1003 Theories & Approaches to Counselling AND COUN1004 Counselling Skills Training 1	25
COUN2004	Counselling & Children	COUN1003 Theories & Approaches to Counselling AND COUN1004 Counselling Skills Training 1	25
COUN2006	Counselling Adolescents	COUN1003 Theories & Approaches to Counselling AND COUN1004 Counselling Skills Training 1	25
COUN2007	Trauma & Addiction Counselling	COUN1003 Theories & Approaches to Counselling AND COUN1004 Counselling Skills Training 1	25
COUN3004	Counselling Couples & Families	COUN2002 Counselling Skills Training 2	25
COUN3005	Counselling Older People	COUN2002 Counselling Skills Training 2	25

Minor: Science

Course Code	Course Title	Pre-requisites	Units of Credit
GEOG1110	Physical Geography, Climates Geology & Soils	Nil	25
		Plus any five (5) of the following:	
BIOL1250	Molecular & Cell Biology	Nil	25
BIOL2260	Plant Diversity	SCIE1150 Introduction to Biological Sciences	25
BIOL3250	Aquatic Science	SCIE1150 Introduction to Biological Sciences	25
ENVR2330	Australian Ecology: From Theory to Practice	SCIE1150 Introduction to Biological Sciences	25
ENVR3520	Natural Resources Management	Completion of 200 units (or 8 courses) of credit prior learning	25
GEOG3110	Coastal Processes and Planning	GEOG1110 Physical Geography, Climates, Geology & Soils	25
SCIE3290	Geographical Information Systems	Completion of 200 units (or 8 courses) of credit prior learning	25
SCIE1150	Introduction to Biological Sciences	Nil	25
SCIE1000	Introduction to Chemistry	Nil	25
HLTH2270	Data Analysis & Experimental Design	HLTH1150 Academic Research & writing in Health Sciences	25

Specialisation: Business

Course Code	Course Title	Pre-requisites	Units of Credit
BUSN1110	Accounting for Business	Nil	25
BUSN1220	Principles of Marketing	Nil	25
BUSN1600	Principles of Management	Nil	25
BUSN2000	Events Management	BUSN1600 Principles of Management	25

Specialisation: Health Promotion

Course Code	Course Title	Pre-requisites	Units of Credit
HLTH1620	Health Issues & Preventive Approaches	HLTH1001 Physical Activity & Health OR HLTH1150 Academic Research & Writing in Health Sciences	15
HLTH2620	Population Approaches to Health Promotion	HLTH1620 Health Issues & Preventive Approaches	20
HLTH3610	Community Approaches to Health Promotion	HLTH1620 Health Issues & Preventive Approaches	25
HLTH3620	Health Sciences Research	HLTH1620 Health Issues & Preventive Approaches	25

Specialisation: Science

Course Code	Course Title	Pre-requisites	Units of Credit
GEOG1110	Physical Geography, Climates, Geology & Soils	Nil	25
		Plus any three (3) of the following:	
BIOL1250	Molecular & Cell Biology		25
BIOL2260	Plant Diversity	SCIE1150 Introduction to Biological Sciences	25
BIOL3250	Aquatic Science	SCIE1150 Introduction to Biological Sciences	25
ENVR2330	Australian Ecology: From Theory to Practice	SCIE1150 Introduction to Biological Sciences	25
ENVR3520	Natural Resources Management	Completion of 200 units (or 8 courses) of credit prior learning	25
GEOG3110	Coastal Processes and Planning	GEOG1110 Physical Geography, Climates, Geology & Soils	25
SCIE3290	Geographical Information Systems	Completion of 200 units (or 8 courses) of credit prior learning	25
SCIE1150	Introduction to Biological Sciences	Nil	25
SCIE1000	Introduction to Chemistry	Nil	25
HLTH2270	Data Analysis & Experimental Design	HLTH1150 Academic Research & Writing in Health Sciences	25

Specialisation: Exercise Sports Science

Course Code	Course Title	Pre-requisites	Units of Credit
HLTH1000	Human Structure & Function	Nil	25
HLTH1100	Exercise Physiology	HLTH1000 Human Structure & Function	25
HLTH2200	Physiology of Training & Environmental Extremes	HLTH1100 Exercise Physiology	15
		Plus one (1) of the following:	
HLTH3101	Nutrition for Health & Physical Activity	HLTH1100 Exercise Physiology	15
HLTH1010	Applications of Functional Anatomy to Physical Education	HLTH1000 Human Structure and Function	25

APPENDIX C: LIST OF PRE-REQUISITES/CO-REQUISITES

COURSE CODE	COURSE TITLE	PRE-REQUISITE	CO-REQUISITE
HLTH1620	Health Issues & Preventive Approaches	HLTH1001 Physical Activity & Health OR HLTH1150 Academic Research & Writing in Health Sciences	
HLTH1507	Outdoor Recreation Industry Practicum 1B	HLTH1506 Outdoor Recreation Industry Practicum 1A	Note: Part A & B must be completed in the same year
HLTH2920	Expeditions on Land	HLTH1930 Basic Expedition Skills	
HLTH2930	Expeditions on Water	HLTH1930 Basic Expedition Skills	
HLTH2508	Outdoor Recreation Industry Practicum 2A	HLTH1507 Outdoor Recreation Industry Practicum 1B	
HLTH2509	Outdoor Recreation Industry Practicum 2B	HLTH2508 Outdoor Recreation Industry Practicum 2A	Note: Part A & B must be completed in the same year
HLTH2940	Introduction to Roping & Challenging Courses	HLTH2920 Expeditions on Land AND HLTH2930 Expeditions on Water	
HLTH3300	Adapted & Inclusive Practice for Physical Education	HLTH1001 Physical Activity & Health	
HLTH3512	Outdoor Recreation Industry Internship A	HLTH2509 Outdoor Recreation Industry Practicum 2B	
HLTH3513	Outdoor Recreation Industry Internship B	HLTH3512 Outdoor Recreation Industry Internship A	Note: Part A & B must be completed in the same year