



SCHOOL OF HEALTH SCIENCES & PHYSIOTHERAPY:

HEALTH SCIENCES: MAJORS, MINORS AND SPECIALISATIONS

MAJOR, MINOR & SPECIALISATION
INFORMATION SHEET

BACHELOR OF HEALTH PROMOTION (not available to 2024 cohort)

Minor available in:	Marketing
Specialisation available in:	Marketing Media & Communication Outdoor Recreation

BACHELOR OF EXERCISE & SPORT SCIENCE(only available for student who have completed HLTH1620 in semester 2 of first year)

Major available in:	Health Promotion
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BACHELOR OF HEALTH & PHYSICAL EDUCATION (Primary & Secondary)

Major available in:	Outdoor Education Health Promotion
Minor available in:	Outdoor Education Health Promotion
Specialisation available in:	Secondary students refer to “<i>Specialisation Pathway</i>” flyer https://www.notredame.edu.au/about/schools/fremantle/health-sciences/resources

BACHELOR OF OUTDOOR RECREATION

Major available in:	Health Promotion
Minor available in:	Counselling Health Promotion Science
Specialisation available in:	Business Exercise & Sport Science (See Pathways to Teach Note) Health Promotion Science



SCHOOL OF HEALTH SCIENCES & PHYSIOTHERAPY:
HEALTH SCIENCES: MAJORS, MINORS AND SPECIALISATIONS

SPECIALISATION TITLE:
BUSINESS

Note: Specialisation (4 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES

ONLY AVAILABLE IN:

Bachelor of Outdoor Recreation

Students must complete the following (4) four courses:

Code	Title	Pre-requisite	Semester
BUSN1110	Accounting for Business	Nil	1 & 2
BUSN1220	Principles of Marketing	Nil	1 & 2
BUSN1600	Principles of Management	Nil	1 & 2
BUSN2000	Events Management	BUSN1600	2



SCHOOL OF HEALTH SCIENCES & PHYSIOTHERAPY:
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MINOR TITLE:
COUNSELLING

Note: Minor (6 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES:

ONLY AVAILABLE IN:

Bachelor of Outdoor Recreation

Students must complete the following (3) three courses:

Code	Title	Pre-requisite	Semester
COUN1003	Theories and Approaches to Counselling	Nil	1
COUN1004	Counselling Skills Training 1	Nil	2
COUN2002	Counselling Skills Training 2	COUN1004	1

Students must complete (3) three of the following courses, including at least (1) one at 3000 level:

Code	Title	Pre-requisite	Semester
COUN2004	Counselling and Children	COUN1003, COUN1004	1
COUN2005	Grief and Loss Counselling	COUN1003, COUN1004	1
COUN2006	Counselling Adolescents	COUN1003, COUN1004	2
COUN2007	Trauma and Addiction Counselling	COUN1003, COUN1004	2
COUN3004	Counselling Couples and Families	COUN2002	1
COUN3005		COUN2002	2



SCHOOL OF HEALTH SCIENCES & PHYSIOTHERAPY:
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SPECIALISATION TITLE:
EXERCISE SPORTS SCIENCE
*** Pathway to Teach**

Note: Specialisation (4 COURSES) is available in the below degree/s & is comprised of these SPECIFIC COURSES:

ONLY AVAILABLE IN:

Bachelor of Outdoor Recreation

Students must complete the following (3) three courses:

Code	Title	Pre-requisite	Semester
HLTH1000	Human Structure and Function	Nil	1 & 2
HLTH1100	Exercise Physiology	HLTH1000	2
HLTH2200	Physiology of Training & Environmental Extremes	HLTH1100	1

Plus any (1) one of the following:

Code	Title	Pre-requisite	Semester
HLTH3101	Nutrition for Health & Physical Activity	HLTH1100	2
HLTH1010	Applications of Functional Anatomy to Physical Education	HLTH1000	2

***NOTE: Not available as a Specialisation but a pathway to teach, complete following 4 courses for HASS:**

Code	Title	Pre-requisite	Semester
HLTH2920	Expeditions on Land	Nil	Summer Term
GEOG1110	Physical Geography: Climates, Geology & Soils	Nil	2
ABOR1000	Aboriginal People	Nil	1, 2
	History Elective		

THE ABOVE IS NOT AVAILABLE AS A SPECIALISATION.

Effective from January 2024. This document must be read in conjunction with the Program planners <https://www.notredame.edu.au/about/schools/fremantle/health-sciences/resources> and structure of your enrolled degree. Contact the School of Health Sciences & Physiotherapy for further information on fremantle.health@nd.edu.au

Updated: 12/10/2023



SCHOOL OF HEALTH SCIENCES & PHYSIOTHERAPY:

HEALTH SCIENCES: MAJORS, MINORS AND SPECIALISATIONS

MAJOR TITLE:
HEALTH PROMOTION

Note: Major (8 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES:

ONLY AVAILABLE IN:

Bachelor of Health & Physical Education (Primary) + Honours

Bachelor of Health & Physical Education (Sec) + Honours

Bachelor of Exercise & Sport Science

Bachelor of Outdoor Recreation

Students must complete the following (8) eight courses:

Code	Title	Pre-Requisite	Semester
HLTH1001	Physical Activity and Health	Nil	1
HLTH1620	Health Issues and Preventive Approaches	HLTH1001 or HLTH1150	1(BHPE Only – 30/1/23 early start) & 2
HLTH2100	Psycho-social Aspects of Sport and Physical Activity	HLTH1150 & BESC1000/1110 (or equivalent) OR HLTH1001	2
HLTH2510	Exercise Health & Disease	HLTH1001	1
HLTH2620	Population Approaches to Health Promotion	HLTH1620	1
HLTH3101	Nutrition for Health and Physical Activity	HLTH1100	2
HLTH3610	Community Approaches to Health Promotion	HLTH1620	2
HLTH3620	Health Sciences Research	HLTH1620	2

NOTE: Bachelor of Health & Physical Education (Sec) only - For Specialisation courses in your degree, please refer to 'Secondary Students Specialisation Pathway'.

<https://www.notredame.edu.au/about/schools/fremantle/health-sciences/resources>



SCHOOL OF HEALTH SCIENCES & PHYSIOTHERAPY:

HEALTH SCIENCES: MAJORS, MINORS AND SPECIALISATIONS

MINOR TITLE:
HEALTH PROMOTION

Note: Minor (6 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES:

ONLY AVAILABLE IN:

Bachelor of Health & Physical Education (Primary) + Honours

Bachelor of Health & Physical Education (Sec) + Honours

Bachelor of Outdoor Recreation

Students must complete the following (6) six courses:

Code	Title	Pre-Requisite	Semester
HLTH1001	Physical Activity and Health	Nil	1
HLTH1620	Health Issues and Preventive Approaches	HLTH1001 or HLTH1150	1(BHPE only) & 2
HLTH2100	Psycho-social Aspects of Sport and Physical Activity	HLTH1150 & BESC100 (or equivalent) OR HLTH1001	2
HLTH2620	Population Approaches to Health Promotion	HLTH1620	1
HLTH3610	Community Approaches to Health Promotion	HLTH1620	2
HLTH3620	Health Sciences Research	HLTH1620	2

NOTE: Bachelor of Health & Physical Education (Sec) only - For Specialisation courses in your degree, please refer to 'Secondary Students Specialisation Pathway'.

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Note: Specialisation (4 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES:

Effective from January 2024. This document must be read in conjunction with the Program planners <https://www.notredame.edu.au/about/schools/fremantle/health-sciences/resources> and structure of your enrolled degree. Contact the School of Health Sciences & Physiotherapy for further information on fremantle.health@nd.edu.au

Updated: 12/10/2023



SCHOOL OF HEALTH SCIENCES & PHYSIOTHERAPY:

HEALTH SCIENCES: MAJORS, MINORS AND SPECIALISATIONS

**SPECIALISATION TITLE:
HEALTH PROMOTION**

ONLY AVAILABLE IN:

Bachelor of Outdoor Recreation

Students must complete the following (4) four courses:

Code	Title	Pre-Requisite	Semester
HLTH1620	Health Issues and Preventive Approaches	HLTH1001 or HLTH1150	2
HLTH2620	Population Approaches to Health Promotion	HLTH1620	1
HLTH3610	Community Approaches to Health Promotion	HLTH1620	2
HLTH3620	Health Promotion Research	HLTH1620	2



SCHOOL OF HEALTH SCIENCES & PHYSIOTHERAPY:

HEALTH SCIENCES: MAJORS, MINORS AND SPECIALISATIONS

SPECIALISATION TITLE:

MARKETING

Note: Specialisation (4 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES:

ONLY AVAILABLE IN:

Bachelor of Health Promotion

Students must complete the following (4) four courses:

Code	Title	Pre-requisite	Semester
BUSN1220	Principles of Marketing	Nil	1 & 2
BUSN2520	Consumer Behaviour	BUSN1220	1
BUSN2050	Integrated Marketing Communications	BUSN2520	2
BUSN3500	Strategic Marketing	BUSN1220	2



SCHOOL OF HEALTH SCIENCES & PHYSIOTHERAPY:
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SPECIALISATION TITLE:
MEDIA & COMMUNICATION

Note: Specialisation (4 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES:

ONLY AVAILABLE IN:

Bachelor of Health Promotion

Students must complete the following (2) two courses:

Code	Title	Pre-requisite	Semester
COMM1420	Introduction to Journalism	Nil	1
COMM1210	Introduction to Screen Production	Nil	1

Plus any (2) two of the following:

Code	Title	Pre-requisite	Semester
COMM2150	Screen Production: Skills and Practice	COMM1210	1, 2
COMM2340	Journalism Theory and Practice	COMM1420	1, 2
COMM1000	Digital Photography	Completion of 1 st year	1
COMM2330	Journalism Production: Video	COMM1420	2
COMM2030	Language of Film	Nil	1
COMM1060	Media and Society	Nil	2



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MAJOR TITLE:
OUTDOOR EDUCATION

Note: Major (8 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES + 1 ELECTIVE:

ONLY AVAILABLE IN:

Bachelor of Health & Physical Education (Primary) + Honours

Bachelor of Health & Physical Education (Sec) + Honours

Students must complete the following (8) eight courses:

Code	Title	Pre-Requisite	Semester
*HLTH1920	Introduction to Teaching & Learning in an Experiential Context	Nil	2
*HLTH2920	Expeditions on Land	HLTH3205	Summer Term
*HLTH2930	Expeditions on Water	HLTH3205	Winter Term
*HLTH2940	Introduction to Roping and Challenge Ropes	HLTH2920 & HLTH2930	1
HLTH3512/ HLTH3513	Outdoor Recreation Industry Internship 3A & 3B	HLTH1920, HLTH2920, HLTH2930, HLTH3205	1, 2
HLTH3205	Outdoor Education – Teaching Methods 1	Nil	2
HLTH4206	Outdoor Education – Teaching Methods 2	HLTH3205	1
Elective (not specified)	Environmental Science elective (to be approved by the Outdoor Recreation Program Coordinator)	TBA	TBA

NOTE: * This course has associated extra charges for: accommodation, transport, industry based certifications & hire of specialised equipment. Costs vary for courses and are subject to change. Approximate maximum cost is \$250

NOTE: Bachelor of Health & Physical Education (Sec) only - For Specialisation courses in your degree, please refer to 'Secondary Students Specialisation Pathway'.

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SCHOOL OF HEALTH SCIENCES & PHYSIOTHERAPY:
HEALTH SCIENCES: MAJORS, MINORS AND SPECIALISATIONS

MINOR TITLE:
OUTDOOR EDUCATION

Note: Minor (6 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES:

ONLY AVAILABLE IN:

Bachelor of Health & Physical Education (Primary) + Honours

Bachelor of Health & Physical Education (Sec) + Honours

Students must complete the following (6) six courses:

Code	Title	Pre-Requisite	Semester
* HLTH1920	Introduction to Teaching & Learning in an Experiential Context	Nil	2
*HLTH2920	Expeditions on Land	HLTH1910,1920, 1930	Summer Term
*HLTH2930	Expeditions on Water	HLTH1920, 1930	Winter Term
*HLTH2940	Introduction to Roping and Challenge Ropes	HLTH2920 & HLTH2930	1
HLTH3205	Outdoor Education – Teaching Methods 1	Nil	2
HLTH4206	Outdoor Education – Teaching Methods 2	HLTH3205	1

NOTE: * This course has associated extra charges for: accommodation, transport, industry based certifications & hire of specialised equipment. Costs vary for courses and are subject to change. Approximate maximum cost is \$250

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SPECIALISATION TITLE:
OUTDOOR EDUCATION

Note: Specialisation (4 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES:

ONLY AVAILABLE IN:

Bachelor of Health Promotion

Students must complete the following (3) three courses:

Code	Title	Pre-Requisite	Semester
HLTH1910	Introduction to Professional Practice in Outdoor Recreation	Nil	1
* HLTH1920	Introduction to Teaching & Learning in an Experiential Context	Nil	2
*HLTH1930	Basic Expedition Skills	Nil	2

Plus any (1) one of the following:

Code	Title	Pre-Requisite	Semester
* HLTH2920	Expeditions on Land	HLTH1910, 1920, 1930	Summer Term
* HLTH2930	Expeditions on Water	HLTH1920, 1930	Winter Term

NOTE: * This course has associated extra charges for: accommodation, transport, industry based certifications & hire of specialised equipment. Costs vary for courses and are subject to change. Approximate maximum cost is \$250



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HEALTH SCIENCES: MAJORS, MINORS AND SPECIALISATIONS

MINOR TITLE: SCIENCE

Note: Minor (6 courses) is available in the below degree/s & is comprised of these SPECIFIC COURSES:

ONLY AVAILABLE IN:

Bachelor of Outdoor Recreation

Students must complete the following (1) one course:

Code	Title	Pre-requisite	Semester
GEOG1110	Physical Geography, Climates, Geology & Soils	Nil	2

Plus any (5) five of the following:

Code	Title	Pre-requisite	Semester
BIOL1250	Molecular and Cell Biology	Nil	2
BIOL2260	Plant Diversity	SCIE1150	2
BIOL2100	Animal Diversity	SCIE1150	1
ENVR2330	Australian Ecology: From Theory to Practice	Nil	1
MATH1000	Applied Mathematics for Science	Nil	1
SCIE3290	Geographical Information Systems	Completion of 200cp of prior learning	1
SCIE1150	Introduction to Biological Sciences	Nil	1 & 2
SCIE1000	Introduction to Chemistry	Nil	1
HLTH2270	Data Analysis and Experimental Design	HLTH1150	1

NOTE: A MINOR consists of 6 courses, which can include NO MORE than 2 x 100 level courses and AT LEAST 1 x 300 level course.



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SPECIALISATION TITLE: SCIENCE

Note: Specialisation (4 four) courses is available in the below degree/s & is comprised of these SPECIFIC COURSES:

ONLY AVAILABLE IN:

Bachelor of Outdoor Recreation

Students must complete the following (1) one course:

Code	Title	Pre-requisite	Semester
GEOG1110	Physical Geography, Climates, Geology & Soils	Nil	2

Plus any (3) three of the following courses:

Code	Title	Pre-requisite	Semester
BIOL1250	Molecular and Cell Biology	Nil	2
BIOL2260	Plant Diversity	SCIE1150	2
BIOL2100	Animal Diversity	SCIE1150	1
ENVR2330	Australian Ecology: From Theory to Practice	Nil	1
MATH1000	Applied Mathematics for Science	Nil	1
SCIE3290	Geographical Information Systems	Completion of 200cp of prior learning	1
SCIE1150	Introduction to Biological Sciences	Nil	1 & 2
SCIE1000	Introduction to Chemistry	Nil	1
HLTH2270	Data Analysis and Experimental Design	HLTH1150	1