



An Australian Government Initiative

## Rural Pathways to Post-Graduate Medical Training

WAGGA WAGGA  
GRIFFITH  
RIVERINA



### We can:

- Give you the information you need about rural medical training pathways
- Help navigate a rural medical training pathway for your career
- Connect you to career advice from rural specialists

### Contact Us

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RURAL STUDY RURAL TRAINING RURAL CAREER

[nd.edu.au/riverina-rural-training-hub](https://nd.edu.au/riverina-rural-training-hub)

Riverina Rural Training Hub  
 [twitter.com/rural\\_hub](https://twitter.com/rural_hub)

## Self sufficiency important for our region

There is a degree of satisfaction in being able to say that we have been able to provide some face to face support, education and training to local supervisors and clinicians, junior doctors and medical students in the Murrumbidgee Local Health District (MLHD) during the last couple of months.

In collaboration with the MLHD we have run an Advanced Life Support (ALS) Workshop for Instructors. ALS is a set of life saving protocols and skills that extend emergency support to a someone experiencing circulation and breathing difficulties. Eighteen more clinicians from across the LHD are now accredited ALS trainers. They in their turn will be teaching others these skills. The participants came from Cootamundra, Culcairn, Deniliquin, Griffith, Lake Cargelligo, Temora, Tumut, Wagga Wagga, Wyalong and Young. Their accreditation as trainers provides a truly LHD wide resource.



ALS Instructors Class of 2021

Over the first weekend in August, again in collaboration with the MLHD, our annual Core Emergency Medical Ultrasound (CEMU) workshop was run. The workshop was able to be conducted as local specialists have been accredited to teach these skills and a team including local sonographers has been developed as part of the CEMU teaching faculty. The workshop this year was expanded to include an intensive refresher session for emergency consultants. On the Saturday and Sunday seventeen participants covered the theory and practical application of using ultrasound under a range of scenarios. On Sunday nursing staff working in emergency joined the other participants. Each year FUJIFILM Sonosite generously provide a variety of ultrasound machines for this workshop and we are grateful for their excellent support for training regionally.



Checking distance requirements are being met during training with the 1.5 jive!



The Riverina Regional Training Hub, in collaboration with other Regional Training Hubs throughout Australia, has continued to produce Destination Medicine® (DM) podcasts. The DM podcast was created to assist anyone thinking about a rural medical career make an informed decision.

It is almost three years since the first series was launched which shared stories from rural clinicians practising many different specialties regionally and rurally. Our fourth series of episodes are from medical students who talk about their pathway either straight from school or after completing a first degree, into studying medicine. A new series is being developed featuring doctors in the early stages of their training rurally.

Combined, all the series provide information about studying, training and pursuing a career practising medicine rurally. Use the QR code below to listen to the podcast episodes, including a just released one from Dr Rosie Ross who went back to high school at age 42 to begin her rural medical career!

Part of the role of the Regional Training Hubs program is to support and identify university-level medical students with an interest in rural practice and provide them with support including assistance with career planning, placement opportunities and access to mentoring. But we also extend this support to anyone interested in a career practicing medicine regionally and rurally.

If you know someone who would like a yarn about studying, training or pursuing a career in medicine rurally please put them in touch.

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[www.notredame.edu.au/about/schools/sydney/medicine/clinical-schools/riverina-regional-training-hub](http://www.notredame.edu.au/about/schools/sydney/medicine/clinical-schools/riverina-regional-training-hub)