



ARC Advanced Life Support Level 1

The Advanced Life Support Level 1 (ALS1) is a one-day multi-professional course aimed at providing the candidate with the skills and knowledge to manage the patient in the immediate period of crisis. This includes skills in dealing with deteriorating patients using a standardised approach, cardiac arrest, and other medical emergencies in a clinical setting. The ALS courses are standardised, national courses accredited by the Australian Resuscitation Council (ARC), teaching evidence-based resuscitation guidelines and skills to healthcare professionals. As all co-badged courses in Australia are regulated by the ARC, the ALS course credentials are cross-recognised by the Resuscitation Council (UK), New Zealand Resuscitation Council (NZRC) and the European Resuscitation Council (ERC). ARC courses provide the opportunity for inter-professional education to promote the knowledge, skills, attributes, and attitudes in order to work together in an effective collaborative fashion. Certification is valid for up to four years.

Who is this course for?

- ✓ This course is suitable for all health professionals with limited or infrequent exposure to life-threatening crisis events needing advanced life support training (nurses, midwives, doctors, paramedics, worksite medics, health professional students)

What you will study

At course completion, participants should be able to:

- ✓ Explain the factors that contribute to clinical deterioration in the adult patient
- ✓ Understand the evidence base supporting the use of track and trigger systems and the monitoring of vital signs
- ✓ Discuss how effective teamwork and communication, along with an awareness of human factors, contributes to the successful recognition and response to clinical deterioration
- ✓ Apply the systematic ABCDE approach to simulated clinical scenarios
- ✓ Apply relevant techniques to the assessment and management of airway problems in the deteriorating patient
- ✓ Explain how pathophysiological changes relate to signs and symptoms in the deteriorating patient
- ✓ Provide a rationale for initial interventions based on the patients changing pathophysiology and the need for time management

Registrations are now open for 2024 courses

DATES	TIME	LOCATION	COST	CPD HOURS
Saturday 10th February	0800-1800 AWST	F2F Fremantle, WA	\$600	10 hours
Saturday 27th April				
Saturday 8th June				
Saturday 20th July				
Saturday 17th August				
Saturday 7th September				
Saturday 2nd November				
Saturday 30th November				

Register using the QR code or via the website below



For further information please contact the School of Nursing and Midwifery, Fremantle Campus:

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<https://www.notredame.edu.au/study/short-courses>

