



## ARC Advanced Life Support Level 2

This two-day course focuses on developing advanced skills in managing deteriorating patients and cardiac arrest. The course is designed for healthcare professionals who would be expected to apply the skills taught as part of their clinical duties, to lead initial resuscitation, or to teach advanced resuscitation skills on a regular basis. Prior skills and competence in cardiopulmonary resuscitation is an essential prerequisite to attending the course. While the course covers advanced resuscitation skills, it is also designed to develop leadership and teamwork skills in managing such emergencies. The adult advanced life support courses are standardised national courses accredited by the Australian Resuscitation Council (ARC), teaching evidence-based resuscitation guidelines and skills to healthcare professionals. As all co-badged courses in Australia are regulated by the ARC, the ALS course credentials are cross-recognised by the RC(UK), New Zealand Resuscitation Council (NZRC) and the European Resuscitation Council (ERC). ARC Courses provide the opportunity for interprofessional education to promote the knowledge, skills, attributes, and attitudes in order to work together in an effective collaborative fashion. Certification for the advanced life support courses is valid for up to four years.

### Who is this course for?

- ✓ Healthcare professionals who are frequently involved in the response to a deteriorating patient or to a patient in cardiac arrest

### What you will study

#### Course learning outcomes and objectives:

- ✓ Recognise, assess and manage the deteriorating patient using a structured ABCDE approach (aiming to prevent cardiac arrest)
- ✓ Treat cardiac and/or respiratory arrest, including manual defibrillation
- ✓ Manage life-threatening arrhythmias
- ✓ Prepare and plan for post resuscitation care
- ✓ Care for the deteriorating patient or patient in cardiac and/or respiratory arrest in special circumstances such as asthma, anaphylaxis, and pregnancy
- ✓ Lead a team, work as a team member, and use structured communication skills including giving an effective handover
- ✓ Understand the considerations for end of life decision making

### Registrations are now open for 2024 courses

<b>DATES</b>	<b>TIME</b>
Saturday 6th – Sunday 7th April	0800-1800 AWST
Saturday 11th – Sunday 12th May	<b>LOCATION</b>
Saturday 27th – Sunday 28th July	F2F Fremantle, WA
Saturday 26th – Sunday 27th October	<b>COST</b>
Saturday 14th – Sunday 15th December	\$1600 (inc GST)
	<b>CPD HOURS</b>
	20 hours

Register using the QR code or via the website below



For further information please contact the School of Nursing and Midwifery, Fremantle Campus:

T: 08 9433 0205

E: [postgraduatenursing@nd.edu.au](mailto:postgraduatenursing@nd.edu.au)

<https://www.notredame.edu.au/study/short-courses>

