



THE UNIVERSITY OF NOTRE DAME AUSTRALIA

Program Code: 3289

CRICOS Code: 057670B

# **PROGRAM REGULATIONS:**

## Bachelor of Health Promotion

### BHlthProm

Responsible Owner: Dean  
Responsible Office: School of Health Sciences  
Contact Officer: PCAC Executive Officer  
Effective Date: 1 January 2020

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## 2 AMENDMENTS

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Amendments to these regulations will be made in accordance with the General Regulations.

Version	Date Amended	Amendment Details	Approved by
1	November 2008	Amendments to Program regulations	Dean
2	October 2009	Amendments to Program regulations	Dean
3	December 2013	Regulations transferred to new template	Dean
4	October 2014	Changes to Specialisations and removal of Honours	Dean
5	August 2015	Amendments to Program regulations	Dean
6	January 2018	New Course codes assigned	PVCA
7	October 2017	New Units of Credit assigned	SAO
8	November 2018	Change to Program maximum duration	SAO
8	November 2018	New Template	SAO

### 3 PURPOSE

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These Program Regulations set out the approved requirements for the Bachelor of Health Promotion.

### 4 OVERVIEW

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#### 4.1 Campus Availability

The Bachelor of Health Promotion has been approved for delivery on the Fremantle Campus.

#### 4.2 Student Availability

The Bachelor of Health Promotion is available for enrolment to domestic Students and international Students with a student visa.

#### 4.3 Australian Qualifications Framework

The Bachelor of Health Promotion is accredited by the University as a Level 7 AQF qualification.

#### 4.4 Duration

The Volume of Learning for the Bachelor of Health Promotion is three (3) years of equivalent full-time study.

An option to complete this Program Part-time is available.

#### 4.5 Maximum Duration

The maximum period of time within which a student is permitted to complete the Bachelor of Health Promotion Award is detailed in the University's General Regulations.

#### 4.6 Study Mode

The Bachelor of Health Promotion is offered in Internal Study mode.

#### 4.7 Professional Accreditation

There are no professional accreditation requirements applicable to this Program.

### 5 ENTRY REQUIREMENTS

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#### 5.1 University Admission Requirements

To be eligible for admission to The University of Notre Dame Australia, all applicants must meet the [University's minimum requirements for admission](#). The requirements for admission are detailed in the University's Policy: *Admissions*.

#### 5.2 Specific Program Requirements for Admission

There are no additional entry requirements for this Award.

### 6 PRACTICUM OR INTERNSHIP REQUIREMENTS

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**6.1** Students are required to complete Bachelor of Health Promotion that includes a minimum of three hundred (300) hours of practicum.

**6.2** In the Bachelor of Health Promotion Industry Practicums are taught across the whole academic year, but are structured as multi-term courses in which students enrol into a Part A and Part B course. The courses are charged separately for each semester but are linked academically and must be completed in sequence in a single calendar year. A final grade is awarded only against the Part B course and will appear as a single entry on the transcript. In the event of failure, both Part A and Part B course must be repeated

## 7 PROGRAM REQUIREMENTS

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### 7.1 Program Learning Outcomes

Upon successful completion of the Bachelor of Health Promotion graduates will be able to:

1. Interpret and apply information regarding health related determinants, behaviours and interventions from a multi-disciplinary perspective.
2. Apply research skills that builds capacity to update health related professional knowledge as a basis for independent lifelong learning.
3. Critically appraise the evidence relating to preventive health interventions to identify effective and ineffective ways to address health issues and their contributing factors.
4. Plan, develop, implement and evaluate preventive health projects that address priority health issues for people of diverse backgrounds and in a range of settings.
5. Critically analyse and interpret research literature, quantitative and qualitative data and effectively communicate results both orally and written for a variety of purposes and audiences.
6. Exemplify professional standards in a variety of practical, interpersonal and theoretical contexts related to preventive health and its associated fields.
7. Articulate objective and universal truth, appreciate the intrinsic dignity of the human person, and exhibit good intellectual, moral and theological habits.

### 7.2 Required Courses

- To be eligible for the award of Bachelor of Health Promotion students must complete a minimum of 600 Units of Credit chosen from the courses listed in Appendix A comprising:
- 75 Units of Credit from three (3) Core Curriculum Courses
- 525 Units of Credit from thirty (30) Courses (including 100 units of credit from four general elective courses) listed in Appendix A.

*\*Variation in total of units of credit may occur depending on course selection.*

### 7.3 Elective Courses

Students enrolled in the Bachelor of Health Promotion are required to complete four (4) general elective courses. These general electives can be taken from the School of Health Sciences courses, or courses from the Schools of Business and Arts & Sciences, providing the prerequisite courses have been completed.

### 7.4 Honours

The Bachelor of Health Promotion is offered with Honours. Details are available in The Bachelor of Health Promotion (Honours) regulations (Program code 3500).

### 7.5 Course substitutions

Course substitutions, where permitted, must be approved by the Dean.

### 7.6 Minors

A Minor in Marketing is available within the Bachelor of Health Promotion Requirements for the Minor are listed in Appendix B.

### 7.7 Specialisations

Specialisations are available in Exercise & Sport Science, Marketing, Media & Communication and Outdoor Recreation.

Requirements for these Specialisations are listed in Appendix B

### 7.8 Special Award Requirements

Students enrolled in this Award are required to complete a Mental Health First Aid module within the Practicum component of the Award.

## 8 DEFINITIONS

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For the purpose of these Regulations, the following definitions are available in the General Regulations.

- Leave of Absence
- Major
- Units of Credit
- Pre-requisite Course
- Minor
- Elective
- Co-requisite Course
- Specialisation
- General Elective

## APPENDIX A: Bachelor of Bachelor of Health Promotion

YEAR ONE					
Semester One			Semester Two		
Course Code	Course Title	Units of credit	Course Code	Course Title	Units of credit
HLTH1150	Academic Research & Writing in Health Sciences	25	HLTH1620	Health Issues & Preventive Approaches	15
HLTH1001	Physical Activity and Health	25	BESC1000	Developmental Psychology	25
CORE1010	Introduction to Philosophy	25	BUSN1220	Principles of Marketing	25
ABOR1000	Aboriginal People	25	CORE1020	Ethics	25
HLTH1504	Health Promotion Industry Practicum 1A		HLTH1505	Health Promotion Industry Practicum 1B	10
<b>Total Units of Credit for Y1 S1</b>		100	<b>Total Units of Credit for Y1 S2</b>		100
<b>Total Units of credit Year One</b> 200					

YEAR TWO					
Semester One			Semester Two		
Course Code	Course Title	Units of credit	Course Code	Course Title	Units of credit
HLTH2620	Population Approaches to Health Promotion	20	HLTH2100	Psychosocial Aspects of Sport & Physical Activity	15
COUN1003	Theories and Approaches to Counselling	25	COUN1004	Counselling Skills Training 1	25
BESC2140	Organisational Behaviour	25	CORE1030	Introduction to Theology	25
	General Elective 1	25		General Elective 2	25
HLTH2504	Health Promotion Industry Practicum 2A	5	HLTH2505	Health Promotion Industry Practicum 2B	10
<b>Total Units of Credit for Y2 S1</b>		95	<b>Total Units of Credit for Y2 S2</b>		105
<b>Total Units of credit Year Two</b> 200					

YEAR THREE					
Semester One			Semester Two		
Course Code	Course Title	Units of credit	Course Code	Course Title	Units of credit
HLTH2510	Exercise, Health & Disease	15	HLTH3101	Nutrition for Health & Physical Activity	15
HLTH3000	Health Education Method 1	15	HLTH3610	Community Approaches to Health Promotion	25
HLTH2270 OR BUSN2510	Data Analysis & Experimental Design OR Marketing Research (required for Marketing Minor)	25	HLTH3620	Health Sciences Research	25
	General Elective 3	25		General Elective 4	25
HLTH3508	Health Promotion Industry Internship A	15	HLTH3509	Health Promotion Industry Internship B	15
<b>Total Units of Credit for Y3 S1</b>		80	<b>Total Units of Credit for Y3 S2</b>		120
<b>Total Units of credit Year Three</b> 200					
<b>TOTAL PROGRAM UNITS OF CREDIT: 600</b>					

## APPENDIX B: MINOR and SPECIALISATION REQUIREMENTS

### Minor: Marketing

Course Code	Course Title	Pre-requisite courses	Units of Credit
BUSN1220	Principles of Marketing		25
BUSN2510	Marketing Research	BUSN1220 Principles of Marketing	25
BUSN2520	Consumer Behaviour	BUSN1220 Principles of Marketing	25
BUSN2050	Integrated Marketing Communications	BUSN2520 Consumer Behaviour	25
BUSN3230	Services Marketing	BUSN2520 Consumer Behaviour & BUSN2050 Integrated Marketing Communications	25
BUSN3540	International Marketing	BUSN1220 Principles of Marketing, BUSN 2510 Marketing Research, BUSN2520 Consumer Behaviour and BUSN 2050 Integrated Marketing Communications	25

### Specialisation: Marketing

Course Code	Course Title	Pre-requisite courses	Units of Credit
BUSN1220	Principles of Marketing		25
BUSN2520	Consumer Behaviour	BUSN1220 Principles of Marketing	25
BUSN2050	Integrated Marketing Communications	BUSN2520 Consumer Behaviour	25
BUSN3500	Strategic Marketing	BUSN1220 Principles of Marketing	25

### Specialisation: Media and Communication

Course Code	Course Title	Pre-requisite courses	Units of Credit
COMM1420	Introduction to Journalism		25
COMM1210	Introduction to Screen Production		25
		Plus two (2) of the following:	
COMM2150	Screen Production: Skills and Practice	COMM1210 Introduction to Screen Production	25
COMM2340	Journalism Theory & Practice	COMM1420 Introduction to Journalism	25
COMM2260	Digital Photography	Completion of 1 <sup>st</sup> year	25
COMM2030	Language of Film		25
COMM1060	Media & Society		25

### Specialisation: Outdoor Recreation

Course Code	Course Title	Pre-requisite courses	Units of Credit
HLTH1910	Introduction to Professional Practice in Outdoor Recreation		20
HLTH1920 *	Introduction of Teaching & Learning in an Experiential Context		20
HLTH1930*	Basic Expedition Skills		20
		Plus any one (1) of the following:	
HLTH2920*	Expeditions on Land	HLTH1930 Basic Expedition Skills	15
HLTH2930*	Expeditions on Water	HLTH1930 Basic Expedition Skills	15

\*These courses have associated extra charges for accommodation, transport, industry based certification and hire of specialised equipment

## APPENDIX C: LIST OF PRE-REQUISITES/CO-REQUISITES

COURSE CODE	COURSE TITLE	PRE-REQUISITE	CO-REQUISITE
HLTH1620	Health Issues & Preventive Approaches	HLTH1001 Physical Activity & Health OR HLTH1150 Academic Research & Writing in Health Sciences	
HLTH1505	Health Promotion Industry Practicum 1B	HLTH1504 Health Promotion Industry Practicum 1A	Note: Part A & B must be completed in the same year
HLTH2100	Psychosocial Aspects of Sport & Physical Activity	HLTH1150 Academic Research & Writing in Health Sciences AND BESC1000/1110 Developmental Psychology OR HLTH1001 Physical Activity and Health	
HLTH2270	Data Analysis & Experimental Design	HLTH1150 Academic Research & Writing in Health Sciences OR Equivalent	
HLTH2504	Health Promotion Industry Practicum 2A	HLTH1505 Health Promotion Industry Practicum 1B	
HLTH2505	Health Promotion Industry Practicum 2B	HLTH2504 Health Promotion Industry Practicum 2A	Note: Part A & B must be completed in the same year
HLTH2510	Exercise, Health & Disease	HLTH1001 Physical Activity & Health	
BUSN2510	Marketing Research	BUSN1220 Principles of Marketing	
HLTH2620	Population Approaches to Health Promotion	HLTH1620 Health Issues & Preventive Approaches	
HLTH3101	Nutrition for Health & Physical Activity	HLTH1001 Physical Activity and Health	
HLTH3610	Community Approaches to Health Promotion	HLTH1620 Health Issues & Preventive Approaches	
HLTH3620	Health Sciences Research	HLTH1620 Health Issues & Preventive Approaches	
HLTH3508	Health Promotion Industry Internship A	HLTH2505 Health Promotion Industry Practicum 2B	
HLTH3509	Health Promotion Industry Internship B	HLTH3508 Health Promotion Industry Internship A	Note: Part A & B must be completed in the same year