



Suturing, Staples, and Steri-strips

This course aims to provide participants with practical skill development in the use of external, non-absorbable sutures, staples, steri-strips, and wound adhesive for the closure of wounds. The course content is inclusive of wound assessment, indications and contraindications for closure, closure methods, and discharge instructions. Suture types included are simple interrupted, vertical mattress, horizontal mattress, and V-flap closures. Participants will have ample time to practice with supervision and coaching from the facilitator. The course will not be determining competence and use of the skill in the clinical setting will be subject to local policy and procedure. The course consists of two hours pre-reading and six hours of supervised practice face-to-face for a total of 8 CPD hours.

Who is this course for?

- ✓ Healthcare professionals required to assess and close wounds in their work role
- ✓ Useful for rural and remote nurses working at nurse led sites

What you will study

At course completion, participants should be able to:

- ✓ Discuss wound types and wound assessment principles
- ✓ Describe the indications and contraindications for wound closure
- ✓ Differentiate different wound closure techniques and their suitability
- ✓ Discuss and demonstrate the use of local anaesthetic and infiltration methods
- ✓ Demonstrate the handling of suturing instruments and the technique of simple interrupted, vertical mattress, horizontal mattress, and v-flap sutures
- ✓ Practice and coaching in the technique of various suturing methods on part task trainers and biologic material (optional)
- ✓ Demonstration and practice of the insertion and removal of staples for wound closure
- ✓ Demonstration and practice of the use of wound adhesive and steri-strips for the closure of superficial wounds
- ✓ Provide education to patients about wound care, signs of infection and healing

Registrations are now open for 2024 courses

DATES Tuesday 13th February Wednesday 29th May Wednesday 13th November	TIME 0830-1430 AWST
LOCATION University of Notre Dame Fremantle WA	COST \$405 (inc GST)
	CPD HOURS 8 hours

Register using the QR code or website below



For further information please contact the School of Nursing and Midwifery, Fremantle Campus:

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<https://www.notredame.edu.au/study/short-courses>

