



## Eating Disorders Essentials

This course will examine current trends and practice in delivering psychiatric care to people suffering mental illness, specifically eating disorders. Emphasis on treatment and care options within tertiary, secondary and community settings will highlight ways in which healthcare agencies partner with other organisations and services. Participants will debate and reflect the ethical considerations inherent in determining a variety of hospital and community-based treatments. This course is informed by current legislation and delivered by a content expert. Students will develop skills related to eating disorders building and presenting an argument, accessing, and using professional literature, making an observational record, creating documents, and producing documents to professional standards. This course contains approximately three hours of pre-course activities and a four-hour workshop.

### Who is this course for?

- ✓ This course is suitable for any health professionals caring for people with eating disorders or interested in learning more about this topic (nurses, midwives, doctors, allied health professionals, paramedics)

### What you will study

At course completion, participants should be able to:

- ✓ Implement a plan of care for people with eating disorders in a community/hospital setting including mental health act considerations
- ✓ Discuss the access and pathways for utilising resources in managing patients displaying symptoms of eating disorders in a community/hospital setting.
- ✓ Describe a range of mental health interventions including the use of the Mental Health Act and community treatment orders (CTO)
- ✓ Apply models of crisis intervention, psychiatric assessment, and risk assessment skillfully within a community/hospital setting
- ✓ Apply contemporary treatment practices including psychosocial interventions to patients with eating disorders

### Registrations are now open for 2024 courses

<b>DATES</b> Saturday 22nd June Saturday 16th November	<b>LOCATION</b> F2F Fremantle, WA
<b>TIME</b> 0900-1300 AWST	<b>COST</b> \$250 (inc GST)
	<b>CPD HOURS</b> 7 hours

Register using the QR code or via the website below



For further information please contact the  
School of Nursing and Midwifery, Fremantle  
Campus:

T: 08 9433 0205

E: [postgraduatenursing@nd.edu.au](mailto:postgraduatenursing@nd.edu.au)

<https://www.notredame.edu.au/study/short-courses>

