



THE UNIVERSITY OF
NOTRE DAME
AUSTRALIA

Newsletter 11 | July 2019

PULSE

Notre Dame School of Nursing & Midwifery



Dean's welcome

It is that time of the year again when we look forward to celebrating the achievements of our undergraduate, postgraduate and research students who will be graduating on the 24th July. I would like to congratulate all the graduating students and acknowledge the recipients of the School of Nursing and Midwifery awards. I also want to thank our award sponsors and donors for their continued support of scholarships and awards, many of whom have generously contributed for many years.

In February we warmly welcomed new undergraduate students, most of whom would have now completed their first practicum in an aged care setting. This experience of caring for someone other than your family or friend can be extremely daunting. For nearly two decades now, the emphasis of the undergraduate curriculum is hands-on learning. Through many hours of practice in the clinical area, linking theory and practice and the integration of the ethos and values of the university, our students are prepared to not only care for the holistic needs of the patients but have good interpersonal communication skills and have the knowledge and skills to manage and coordinate care as part of the multidisciplinary team.

It is truly rewarding and humbling to be a part of their learning journey and especially seeing them in their regalia at graduation. This July, we are delighted to also honour our midwifery students. These students join many other postgraduate students who have been through an intensive program of a combination of theory, clinical practicum and research studies. All of whom must be commended for their hard work, dedication and success. Congratulations to all of the 2019 July graduands.

We are very proud of the amazing achievements of our Notre Dame alumni some of whom were formally recognised in the 2019 WA nursing and midwifery excellence awards. Congratulations to the winners, Elizabeth Churchill, 2018 Graduate, won the Graduate of the year award, Renee De Prazer, 2018 Masters of Nursing Graduate, was the winner of the Excellence in Education category and Broome Campus Graduate Andrea Rieusset, winner of the Excellence in Aboriginal Health award and also took out the Top award as 2019 Nurse of the year.

As a school we seek to nurture and inspire our students. With this in mind, collectively our sights are on the future of nursing and midwifery education and continuously evaluating programs we offer to ensure that students are prepared for the profession, embrace change and are leaders in their chosen specialty.

I would like to take this opportunity to thank our dedicated staff for their individualised care and support of our students and for their commitment to the mission and values of the school and the university. The staff of the school work tirelessly throughout the year to ensure they deliver the best education experience for our students and I would like to acknowledge their great work.

Finally, I would like to extend our appreciation to the members of the school advisory board, midwifery advisory board, postgraduate industry committees, the Notre Dame nursing society, adjuncts and industry partners. Thank you for your support, expert input and advice throughout the years.

Associate Professor Karen Clark-Burg | Acting Dean, School of Nursing & Midwifery

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Nursing news



Dr Benjamin Hay
Undergraduate Program Coordinator

News from Ben's desk

As the academic semester draws to an end, we acknowledge and celebrate with our graduating students. All staff in the school remember students early days within the course (do you remember your interview?) and feel extremely proud to have been part of their university journey. We are proud of all their achievements throughout the degree in providing high quality and compassionate care to people within a diverse range of areas. Completing a Bachelor Degree is a massive achievement that marks a major milestone within your life. To best capture this sentiment, an Australian nursing academic Phillip Darbyshire states: "You don't go to university to be 'satisfied'. You go to be profoundly challenged, unsettled, pushed and skilled in the hope that you might think differently and better when you graduate'. We hope the dedication, passion and enthusiasm of all the staff within the school has shined through the learning and teaching, to inspire you to 'think differently and better when you graduate'.

Within my role of A/Assistant Dean & Undergraduate Program Coordinator this semester, I have enjoyed supporting students and staff more closely. I've felt honoured to empower, encourage and guide students to the many resources and support networks available throughout the university and beyond. A special thank you also to the Notre Dame Nursing Society (NDNS) for supporting their colleagues throughout their university journey, and we wish our graduating NDNS students well.

On behalf of the School of Nursing & Midwifery we congratulate our graduating students, and know from undertaking your degree at Notre Dame, that you offer our industry something extra special. We hope you stay connected with us and we wish you well on your new adventures.

Dr Benjamin Hay | Undergraduate Program Coordinator

Professional placements

The Professional Practice Team are proud to report successful completion of the semester 2 2018 prac period on the 17th Feb 2019! It was a big effort from our fabulous students, amazing Clinical Facilitators and PPT staff who are available around the clock taking calls and answering emails to assist staff and students during the prac period. Health Care providers continue to feed back to the University how wonderful the Notre Dame students are, with particular recognition of student's genuine care and compassion for their patients and ability to critically analyse and clinically reason care being provided. We have even had International commendation of our students during recent NHS graduate program interviews with the NHS Grampians team and WA Nursing and Midwifery Office. The Chief Nurse, Professional Practice, Workforce & Education (Acute Sector) Aberdeen Royal Infirmary, Jane Ewen stated: "The calibre of the students we interviewed were fantastic and we really look forward to welcoming them to Aberdeen".

The international placements for 2018 were a huge success. Phil has provided a piece within this newsletter about Tanzania and we would like to congratulate all students and Phil, Jane and Suzanne on this success.

In June 2019, we will undertake our first GHAWA@home clinical placement in Kununurra with a group of students travelling together from Notre Dame, ECU, Curtin and Murdoch Universities. Majorlin staff will provide cultural safety training, orientation and Clinical Facilitation in Kununurra and we wish Pat McCreedy (CF), Alexandra Preston, Suzanne Parkinson and all students travelling,

the very best for this upcoming placement. Students will be living with local Rotary families during their placements to try to really experience what it is like living in a remote location. We are underway with placements again as this goes to publication. We wish all students a rewarding, exciting and challenging placement, wherever you may be.

Chris Adams | Professional Placements Coordinator
nursing.professionalpractice@nd.edu.au



Students on Vietnam trip

Tanzania Overseas Immersion



Tanzania Birthing Suite



Students at Tanzania Placement

Notre Dame Nursing Students, Zorana, Chloe, Rachele, Sureka, Anvesha, Portia and Coralee undertook last year's overseas nursing immersion to Tanzania. During the immersion with Global Health Alliance Western Australia (GHAWA) the students were able to undertake supervised practice in a number of clinical settings including Tertiary Hospitals, District hospitals and rural and remote settings. GHAWA is a collaborative immersion with two other universities. Each university takes six or seven students who work together whilst undertaking this overseas immersion. Whilst in Dar es Salam the students are enrolled with the university Muhimbili University of Allied Health Science (MUAHAS) which enables them to undertake this clinical immersion. The areas students practice are theatres, paediatrics, emergency department, oncology and mental health wards. The immersion is challenging both physically and mentally and those students who complete it should be very proud of themselves. Each student receives a scholarship from the Department of Health DoH and without this the immersion would not be possible so a Big Thank you for making this possible and Sally who is the in country representative who looks after us all whilst in Tanzania.

Phil Daplyn | Second-Year Academic Liaison/Lecturer

International Placement

Our trip to Vietnam began at 3.30am on Saturday 10 November at the Perth International airport.

Excitement and the yearning for sleep and coffee filled the air. There was a sense of unity and togetherness between us which set us up for a promising trip!

Our amazing tour guides from Buffalo tours helped us to adjust to the new city.

We were taught more about the Vietnamese culture and how they incorporate traditional and western medicines within their healing practices. While we learnt a lot on this placement, we also had the opportunity to hold workshops to teach oral and hand hygiene to school aged children as well as feminine health (Days for girls) to high school aged females.

In the last week, we worked together with the local staff to hold clinical check-ups for villagers who came from near and afar to benefit from this free service. We students got a chance to interact with the locals and an insight into the diseases which affect people within that demographic.

For most of us, this put things into perspective as it made us more grateful for the many healthcare facilities accessible to us back home in Australia.

This immersion allowed us to grow both personally and professionally. We were forced out of our comfort zones and truly immersed ourselves into a new culture with 14 strangers who turned into friends over the 2 weeks.

Kudakwashe Mataranyika | Third-Year Student



Tweet



Karen Clark-Burg
@clark_burg



School of nursing and midwifery celebrating International nurses day and international day of the midwife
[#NursingNow](#) [#ACNBreakfast](#)
[#notredameaustralia](#)



HESTA and 5 others

2:10 pm · 13/5/19 from [Perth, Western Australia](#)

Add another Tweet



Twitter post on International Nurses Day

Nursing news



Mental Health Graduate Program

Postgraduate matters

The enthusiasm and commitment for postgraduate study is evident in the new and ongoing student enrolments in the programs.

Some of the highlights from Semester 1 are:

- › In collaboration with the Nursing and Midwifery Office the Graduate Certificate in Nursing Leadership and Management has 48 senior nurses attending the six Master Classes. The collaborative networking is a significant foundation of this program.
- › The Graduate Certificate in Clinical Nursing is aligned with the health service graduate program in five health services and a total of 15 sites. The growth of this program is a testament to the interest and support for the student transition to registered nurse.
- › The Master of Nursing coursework enrolments continue to grow with many experienced nurses in the health service seeking qualifications for career progression and promotion.
- › The Mental Health Graduate program provides an innovative way to partner with health services to support professional development. Newly qualified graduate nurses from the East and South Metropolitan Health Service are studying two foundational mental health courses. Positive feedback from the health service site educators indicates the graduates are settling in well and participating in mental health interventions and processes.

The postgraduate team are always happy to provide guidance to nurses at any stage of their career who express an interest in postgraduate studies.

Dr Tracey Coventry | Postgraduate Coordinator

Research



Caroline Bulsara



Research student
Kaile Moon

This first semester has been one for international visitors and students! The School of Nursing & Midwifery have a new Masters by Research student, Kaile Moon, who is here from the University of Portland in the USA. Kaile will be completing her master's degree whilst she is here in the area of mental health. Her supervisors are Jane Chambers, Caroline Bulsara and Karen Clark Burg. Although still exploring her topic, Kaile will likely be researching the area of nursing students' perception of barriers in pursuing a career in mental health nursing. During the few weeks she has been here, she has already observed many similarities and differences in mental health nursing between Australia and the USA.

Caroline Bulsara is also hosting a PhD student from Denmark (Nanna Bjerg Eskildsen). Nanna is completing her PhD in the same area as Caroline in measuring cancer patient empowerment amongst the Danish population. As part of her PhD, Nanna will use Caroline's Patient Empowerment Scale alongside the Danish measure and they hope to publish two papers from the collaborative work.

Associate Professor Caroline Bulsara | Research Coordinator
caroline.bulsara@nd.edu.au

Midwifery

Midwifery: Professional Practice Community Site

Professional practice placements often cause anxiety and confusion for students. In addition, the midwifery students in the Graduate Diploma of Midwifery have an enormous amount of documentation that they need to complete whilst on professional practice. There are six professional practice rotations in the midwifery program, so keeping track of practicum requirements can be challenging.

In order to reduce the anxiety and enable easier access to resources, the Graduate Diploma of Midwifery Professional Practice Team, Naomi Chapman and Julie Chave, have developed and launched an online Community Site. Naomi and Julie worked with Notre Dame Learning Technology Developer Inna Geoghegan to develop this site.

Students can now access all information relating to professional practice in one place, and at any time of the day, using their mobile phones. The site includes the following:

- › Hospital contact information
- › Professional practice placement details
- › Policies relating to midwifery professional practice
- › Discussion board resources for students
- › A platform for information sharing between staff and students
- › All assessments, including a newly developed online portfolio. There is no longer the need to print any material for professional practice, which greatly reduces costs.

This site is also accessible to professional practice staff, who are supervising or facilitating students in their professional practice placements, with many resources for staff members also included on the site. The access to this site allows smoother marking of documentation by staff and easier communication between staff and students.

Sheena McChlery
GDM Program Coordinator

[If you would like information about the Graduate Diploma of Midwifery at The University of Notre Dame Australia, Fremantle, please contact the GDM Program Coordinator, Sheena McChlery on 9433 0216, or email \[sheena.mcchlery@nd.edu.au\]\(mailto:sheena.mcchlery@nd.edu.au\)](#)

Learning & Teaching

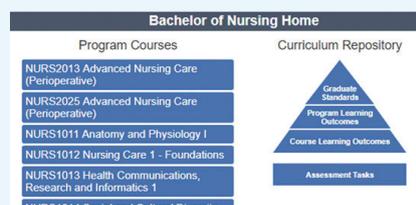


Figure: The BN program “home” in Prudentia showing the curriculum repository based on learning outcomes mapped ultimately to ANMAC, University and AQF requirements.

An important part of effective Learning and Teaching is the robust development, review and renewal of curriculum. The University’s web-based curriculum mapping software, known as Prudentia, has recently been the site of a trial to map the Bachelor of Nursing curriculum, and some of the School’s Postgraduate courses. The beauty of this system for students, staff and other stakeholders going forward is that the curriculum becomes shared, and how elements of the curriculum work together to provide a scaffolded and aligned learning experience for students can be discussed. Overlaps or gaps in the curriculum can be addressed. The requirements

of important stakeholders in the development of graduates can be represented and accounted for leading to overall better outcomes for students at all levels. Prudentia is interactive, allowing everyone involved in a curriculum to see how the pieces come together, to make suggestions for improvement, and to appreciate how threads of learning build through the different years of a program. In the near future, students will have access to Undergraduate and Postgraduate curriculum information within Prudentia, and the School will further be able to assure this curriculum to the University, and to interested third parties.

Dr Ainslie Robinson | Learning & Teaching Coordinator

Meet the Broome Staff



Cathryn Josif
Assistant Dean and
Program Coordinator



Jamie Puls
Student Coordinator
(Nursing)



Lyndal Wass
Clinical Laboratory
Coordinator



Pat McCready
Clinical Supervisor



Ashlee Kennelly
Clinical Supervisor



Jillian Thomson
Lecturer



Rebecca Reagan
Senior Admin Officer

Broome Campus News



Our Bachelor of Nursing (EN/BN Articulation Pathway) continues to grow. Three cohorts of students will be enrolled in the program in Semester 2 2019 – Barganna (Semester 3), Marrul (Semester 4) and Mangala (Semester 6). Pictured are Marrul, with Lecturer Jillian Thomson and Tutor Scott Stokes, at their semester 1 Clinical Block Week.

Majarlin, Kimberley Centre for Remote Health

Majarlin is one of 15 University Departments of Rural Health in Australia funded by the Department of Health. Located on the Broome Campus of The University of Notre Dame Australia, Majarlin is a collaboration of; The University of Notre Dame Australia, Curtin University, Charles Darwin University, Edith Cowan University and Murdoch University.

Majarlin facilitates quality allied health and nursing clinical placements for students from all Australian universities providing support to:

- › students through placement facilitation, supervision,

education, social networking, travel and accommodation; and

- › local clinicians by providing professional development opportunities and conducting quality remote health research.

Our name

We were originally called ‘The Kimberley Rural Health Alliance’. In late 2018 we applied to Yawuru (Broome’s Traditional Owners) for a Yawuru name. We were granted permission to use the name “Majarlin”, pronounced Mudge-elin, which means ‘coming back’.

‘Coming back’ is an apt description for our organisation which provides students with inspirational learning opportunities, so that they will come back and pursue a career in remote health.

Our logo

The Majarlin logo was developed by Katidjah Bin Rashid, a local Yawuru woman, and is in keeping with the Majarlin name of ‘coming back’.

The logo has a thumbprint at the centre to signify the impression the Kimberley makes on those who live and visit here and uses Kimberley colours

The thumbprint also recognises that each individual and

organisation has the opportunity to contribute to the Kimberley and leave a lasting legacy.

The outside circles of dots represent footprints coming back, returning to and building on their Kimberley experience.

What we do for students

Majarlin student services include:

- › Travel and accommodation subsidies (domestic students only)
- › One-day orientation and cultural training
- › Clinical Facilitator, placement supervision and assessment
- › Student networking and social events - connecting Allied Health and Nursing students on placement in the region
- › Interdisciplinary education, reflection and debriefing activities

Dr Cathryn Josif | Assistant Dean of Nursing

Want to know more?

Tel: 08 91920605
Email: majarlin@nd.edu.au
notredame.edu.au/majarlin

On the Pulse

Notre Dame Nursing Society (NDNS)

The Notre Dame Nursing Society (NDNS) is a club that represents and supports the students of the school of nursing (SONM). It is managed by nursing students who are passionate about nursing, contributing to the Notre Dame community, helping facilitate peer to peer interaction and with SONM.

This year the NDNS is prioritising strategies designed to increase cohort engagement. Interactions between health professionals and nursing peers is crucial, as it provides a framework for future opportunities in an employment, professional and social capacity.

We actively promote network and engagement opportunities; our message is clear, that in the near future our fellow students will likely be our fellow colleagues or employers.

The NDNS assumes the role of a catalyst, disseminating messages at school presentations, networking and fundraising events such as O-day, our fortnightly cohort coffee catch-ups and last semesters successful Red Cross Blood Drive to name a few.

Initiatives such as these lay the foundations for semester graduation functions, nursing interaction and the exciting upcoming event organised by Dr Benjamin Hay, 'SmartCare4'. There will be more information about that in the weeks to follow.

Please keep an eye out for the NDNS on campus as we increase our visibility

Thank you for your support.

Jakodi Millar
President, Notre Dame Nursing Society



Lucas Yang

International Alumni

I started my nursing Journey at The University of Notre Dame Australia back in 2015 as an international student so believe it or not, moving to a new country is no easy feat, especially when you are an international student. For example, getting lost is easy! It was pretty mind-blowing for me being introduced to a new culture on top of navigating my way through independent student life.

For the majority of international students, it is our first time leaving the nest. We no longer are able to turn to the comforts of our home and family like we used to. In saying that, that was where the fun began.

Long story short just like any other university students, as a nursing student I attend lectures and tutorials on the daily basis to gain comprehension of complex nursing concepts as well as pass the nerve-racking skills hurdle before I can go on clinical rotations, but you know what, it's all going to be worth it, because for every patient that I care, by vigilant observation and proactive management of symptoms, a whole family is blessed with a future with their loved one. For every elderly I may look after, I bring happiness to them and their families. For every wound that I dress or ankle that I strap, someone is made to feel more comfortable. If nursing allows us to save lives, bring happiness and comfort to others, then we are changing the world for the better!

It's been an absolutely amazing journey so far, even though there was up and downs. From an 'fresh off boat' International student to become a Registered Nurse, from working in a restaurant to be employed in a graduate program as a RN, nothing is impossible, and this is just the beginning. My journey is to be continued, yours too. Dream big, you can do it.

Lucas Yang | Class of 2018

Study Abroad



Jessica Lee

During the second semester of 2018, I was lucky enough to be offered a place at Bellarmine University of Louisville, Kentucky as an international student. Automatically when I thought of the United States, my mind flooded with images of New York, LA, Washington, and San Francisco but now I have a very different perspective. Louisville was an incredible city to live in as it showed me another side of the US and my travels through cities such as Cincinnati, Nashville and Austin took me through multiple states and clarified to me the uniqueness of American life in each of these states not merely a

singular identity of Southern or East Coast State.

After traveling and studying in the US, I have also come home more grateful for our Australian universal health care system. Bellarmine, with its fantastic nursing course, taught me so much about the American health care system; however, most of my professors repeated the phrase "it's run like a business," and after living and studying in Australia this seemed almost dystopic that not everyone in this beautiful country can access health care. Having this chance to travel and learn with friends and peers I miss so much, will forever stay with me, and even with a 100-page essay to talk about my experience, I wouldn't be able to recommend it highly enough.

Jessica Lee | Third year Student

Missionary Work



Annie Das



Long time staff member Annie Das is currently volunteering alongside the Missionaries of Charity Sisters, in Kolkata, India. The Missionaries of Charity Center in Calcutta was founded by Mother Teresa in 1950 to provide support for those in need.

Most of her time is spent at the local dispensary, giving out medication to patients for illnesses relating to cardiology, neurology, diabetes, and oncology. Every Wednesday the Sisters run general clinics for the poor, giving them the ability to seek medical care. Each fortnight Annie and the Sisters travel to a local village to provide healthcare and give food rations. Some days Annie travels to Premdan, a home for the homeless elderly, where they do laundry, clean beds, feed and socialise with the patients.

With the generous donations Annie received she has been able to buy meals, fruits and bread for breakfast for the people on the streets and sometimes lollies for the children when they so cutely come around. Annie was able to gift a young girl \$40 Australian dollars which enabled her to sit her year 10 exams. Whilst in Calcutta she had the honor of visiting Mother

Teresa's house where she lived and her tomb is located.

The School of Nursing and Midwifery will welcome Annie back to her position of Senior Lecturer and Laboratory Coordinator for Semester 2.

STTI Research Symposium

Are you PreparED?



Darren Falconer

Clinical placements in the Emergency Department (ED) can offer nursing students a unique learning experience to develop their knowledge and skills in managing the critical care patient. The goal is to improve confidence and competence in rapid patient

assessment, accurate decision-making and managing the needs of the deteriorating patient. However, the complexity of this clinical placement can be daunting leading to increased stress and anxiety. Students may feel apprehensive about how they will perform in this fast-paced and unstructured clinical environment. This can have implications for student learning and clinical performance creating feelings of unpreparedness for the challenges of emergency nursing.

Darren Falconer is a PhD Candidate identifying nursing students' preparedness for attending a clinical placement in the ED. He is an experienced ED nurse and is passionate about nursing students having a positive clinical experience in the ED, so that they too may decide to pursue a career in emergency nursing.

As part of his study he has developed the website ARE YOU PREPARED. The website is a repository of useful information and interactive educational resources aimed at assisting nursing students in their preparedness for a placement in this challenging clinical environment. Darren presented at the WA chapter (Psi Alpha) of Sigma 2019 Research Symposium at the Harry Perkins Institute of Medical Research, Nedlands in May where he officially launched the Are you PreparED website.



SAVE THE DATE: SMARTcare4 23 August 2019

The biennial SMARTcare seminar series continues to showcase our University and students to industry. Social Media Application/s for Research and Teaching (SMART), links with Nursing's core role as a caring profession and with Notre Dame's commitment to pastoral care. The last SMARTcare3 event in 2017, drew over 300 people to the campus with over 30 different organizations in attendance at the networking event in the Drill Hall. As a co-organised event with the Notre Dame Nursing Society (NDNS), SMARTcare4 is being planned for the 23rd August 2019.

SMARTcare4 focuses on similar goals from 2017, with Pecha Kucha styles of talks (each being only 6.40mins), with each guest speaker presenting to then form part of a panel at the end for questions from the audience. Topics guest speakers will be presenting will include: Graduate program information; International and Rural/Remote nursing opportunities; Transitioning from Student to Graduate-Recent graduate perspectives; Maximizing career opportunities; and other important sessions from industry representatives. A valued networking session and supper in the Drill Hall will follow, for connect with a huge range of industry representatives who have interactive stalls, information and goodies for attendees.

Please save the date for your calendars and we look forward to seeing you there!

Diary events

Wednesday 3 July | Results Released

Friday 12 July | A Day in the Life of a Uni Student

Wednesday 24 July | July Graduation

Sunday 11 August | UNDA Open Day Festival

Wednesday 21 August | School of Nursing & Midwifery Mass

Friday 23 August | SmartCare4

Tuesday 10 September | Admissions Information Evening

Wednesday 16 October | Postgraduate, Research & Honours Information Evening

Tuesday 17 & Wednesday 18 December | End of Year Graduation

notredame.edu.au

If you would like to contribute to the School of Nursing & Midwifery PULSE newsletter, please contact fremantle.nursingandmidwifery@nd.edu.au

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