

# All our Faith can be Found there...

**“Everything of importance that God has ever done, everthing that He is doing now, and everything that he will do in our future is symbolized in some way in the sacred liturgy.”**

Pope Benedict XVI, 2007 Sacramentum Caritatis: Post-Synodal Apostolic Exhortation on the Eucharist as the Source and Summit of the Church's Life and Mission

Part of our role as teachers is to enable students to participate meaningfully in the mass. One way to do this to help them understand the signs, symbols, gestures and prayers of the mass.

When we teach a particular element of the faith, it is always worthwhile to note where in the liturgy such an element can be found.

