



Program Planner

Bachelor of Exercise & Sport Science - Program Code 3161

YEAR ONE

SEMESTER ONE			SEMESTER TWO		
Course Code	Title	Credit Pts	Course Code	Title	Credit Pts
HLTH1150	Academic Research and Writing in Health Sciences	25	HLTH1010	Applications of Functional Anatomy to Physical Education (PReq HLTH1000)	25
HLTH1001	Physical Activity and Health	25	HLTH1100	Exercise Physiology (PReq HLTH1000)	25
HLTH1420	Human Growth & Development	35	HLTH1620	Health Issues and Preventive Approaches (PReq HLTH1001 or HLTH1150)	15
HLTH1000	Human Structure and Function	25	CORE1010	Introduction to Philosophy	25
Total units of Credit		110	Total units of Credit		90
			Total units of Credit in Year One		
			200		

YEAR TWO

SEMESTER ONE			SEMESTER TWO		
Course Code	Title	Credit Pts	Course Code	Title	Credit Pts
HLTH2200	Physiology of Training and Environmental Extremes (PReq HLTH1100 or equivalent)	15	HLTH2000	Motor Control Development and Learning (PReq BESC1110 or equivalent)	15
HLTH2410	Principles of Strength and Conditioning (PReq HLTH1010)	15	Elective	1 st COMPULSORY ELECTIVE	25
HLTH2510	Exercise Health and Disease (PReq HLTH1001)	15	HLTH2520	Health, Fitness and Performance Assessment (PReq HLTH1100)	15
BESC1110	Developmental Psychology	20	HLTH3401	Exercise Biomechanics (PReq HLTH1010)	15
HLTH2270	Data Analysis and Experimental Design (PReq HLTH1150 or equivalent)	25	HLTH2100	Psycho-Social Aspects of Sport & Physical Activity (PReq HLTH1150 & BESC1110 or HLTH1001)	15
*HLTH2506	Exercise & Sport Science Industry Practicum A (PReq HLTH1100)	0	*HLTH2507	Exercise & Sport Science Industry Practicum A (PReq HLTH2506)	15
Total units of Credit		90	Total units of Credit		100
			Total units of Credit in Year Two		
			190		

YEAR THREE

SEMESTER ONE			SEMESTER TWO		
Course Code	Title	Credit Pts	Course Code	Title	Credit Pts
HLTH3210	Exercise Physiology for Special Populations (PReq HLTH1100)	15	HLTH3101	Nutrition for Health and Physical Activity (PReq HLTH1100)	15
HLTH3410	Advanced Biomechanics (PReq HLTH3401)	20	HLTH3700	The Australian Sports System	15
CORE1020	Ethics	25	CORE1030	Introduction to Theology (or Winter Term)	25
Elective	2 nd COMPULSORY ELECTIVE	25	Elective	3 rd COMPULSORY ELECTIVE	25
			Elective	4 th COMPULSORY ELECTIVE	25
*HLTH3510	Exercise & Sport Science Industry Internship A (PReq HLTH2507 & HLTH2520)	0	*HLTH3511	Exercise & Sport Science Industry Internship B (PReq HLTH3510)	20
Total units of Credit		85	Total units of Credit		125
			Total units of Credit in Year Three		
			210		
			Total units of Credit for DEGREE		
			600		

* In the Bachelor of Exercise and Sport Science Industry Practicums are taught across the whole academic year, but are structured as multi-term courses in which students enrol into a Part A and Part B course. The courses are charged separately for each semester but are linked academically and must be completed in sequence in a single calendar year. A final grade is awarded only against the Part B course and will appear as a single entry on the transcript. In the event of failure, both Part A and Part B course must be repeated

CHOOSING AN ELECTIVE

Can be **any** Notre Dame course providing that it:

- ➔ Has no (or you have) required pre-requisite course/s;
- ➔ Is available in required Semester;
- ➔ Is offered by School of Health Sciences, Arts & Sciences or Business.

(Note: courses offered by the following Schools are not available as electives: Nursing & Midwifery, Law, Education, Physiotherapy and Medicine).

Where to get this information on ND Website:

- For information on School course offerings: <https://www.notredame.edu.au/about/schools>
- To view the Semester Timetable: <https://www.notredame.edu.au/current-students/your-enrolment/calendars-and-timetables>
- For information on available **Majors, Minors & Specialisations** please go to *Enrolment Information* at <https://www.notredame.edu.au/about/schools/fremantle/health-sciences/resources>

Please email health@nd.edu.au if you require further information regarding electives.