



# PULSE

Notre Dame National School of Nursing and Midwifery

Newsletter 16 | February 2023



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## Welcome from the National Head

As we start the new 2023 academic year and reflect on the one which has just finished, I would like to take this opportunity to thank you all for your continued support throughout the year. We have seen many achievements and successes in 2022, the highlight being the 10-year anniversary since we first enrolled students in the Graduate Diploma of Midwifery program. The year's celebrations culminated in a glamorous gala dinner dance held in WA at the Ritz Carlton Ballroom. With great excitement, we hear about the expansion of midwifery at Notre Dame, extending to the Broome and Sydney campuses and a new program for midwives to re-enter the profession, the Graduate Diploma of Contemporary Midwifery. In July 2022, the first 145 students were enrolled in the new national Bachelor of Nursing program. Students can now enrol in the Bachelor of Nursing on any of the campuses and be taught theory and practical skills of the same curriculum and content.

All of these programs will be delivered through strong partnerships with industry stakeholders, and I want to thank our partners; in particular, St John of God Healthcare, Ramsay Health and WA Country Health Service and the Nursing and Midwifery office, Department of Health, for their support in working with the School on new and innovative ways of delivering curriculum that will best prepare our graduates.

With these newly accredited programs, Notre Dame now proudly delivers programs and qualifications at all levels, from a VET certificate to a Doctorate degree. We offer an EN Articulation program for Enrolled Nurses to become Registered Nurses, as well as graduate-entry midwifery programs, postgraduate qualifications for a range of advanced nursing specialisations, along with programs for those looking to re-enter the nursing and midwifery profession. More recently, we have expanded our suite of offerings in continuous professional development (CPD), ensuring that we are offering something for everyone, whether they are looking for micro modules or a full undergraduate or postgraduate program. It is an exciting 2023 and beyond for the School as we continue to enhance learning and teaching, innovation, research and skills development. I thank the dedicated and committed team in the School for their tireless work throughout the year.

To all of the graduates of 2022– many of whom commenced their studies during the pandemic: well done on navigating through change and uncertainty. Your perseverance, resilience and strength is commendable and inspiring. Congratulations on your achievements. As you embark on a new chapter, I wish you a rewarding career as you serve others with care, compassion, and love. In the words of Mother Teresa, “The fruit of love is service, which is compassion in action.”

**Professor Karen Clark-Burg**  
National Head, National School of Nursing and Midwifery

# International Day of the Midwife morning tea fundraiser, Midwifery Gala Dinner fundraiser

By Associate Professor Sadie Geraghty, Head of Midwifery

Thursday 5 May 2022 was International Day of the Midwife, and this day recognises and honours midwives around the world for the work they do. This year, the midwifery team and midwifery students from the School of Nursing and Midwifery at Notre Dame held a morning tea fundraiser to celebrate this day. Midwifery students and staff baked and sold cakes, and donated raffle prizes, for the morning tea to raise money to contribute towards the tuition fees of a Ukrainian midwifery student, who has relocated to another country due to the war in Ukraine. We raised \$350. This is an ongoing fundraiser for this cause and a Gala Dinner is being held in November to celebrate 10 years of Midwifery at UNDA, where profits from the Gala Dinner are also being donated to the Ukrainian midwifery student fundraiser.



## Perioperative Workshop

By Dr Benjamin Hay, Senior Lecturer

As part of the Bachelor of Nursing program, nursing students in Fremantle undertake a specialised course in perioperative nursing. Within the course, students are offered an amazing opportunity to attend an interactive, weekend workshop at either St John of God Hospital (SJOGH) Subiaco or SJOGH Murdoch Operating Theatres (OT). After breaks due to COVID restrictions, the teaching team were excited to offer students a 2-hour interactive workshop where they toured the different sections of the OT, met the OT staff within their various roles, undertook simulations, and consolidated learning within the course. Students also learnt about career pathways in the speciality, and were excited and enthusiastic to attend on the day. The organisers (Dr Benjamin Hay and Marie Fielding) wish to thank our SJOGH industry partners for this amazing opportunity for our students and hope the experience inspires them to consider a career within this important nursing speciality.



## Survivors Teaching Students event

By Dr Benjamin Hay, Senior Lecturer

Survivors Teaching Students (STS) is an amazing and powerful multidisciplinary event, which involves Nursing students completing the NURS3027 Clinical Reasoning course, alongside students from the School of Medicine in Semester 1, or students from the School of Physiotherapy in Semester 2. In week 7 of the semester, students hear from survivors of ovarian and other gynaecological cancers 'to increase the number of health care providers who recognize the risk factors and symptoms of ovarian cancer so that the disease is detected earlier'. Guest speakers share their experiences when receiving care from nurses, doctors and physiotherapists as part of their diagnosis and treatment journeys. Their stories are incredibly moving, and the themes discussed connect to students' learning via concepts covered within their courses.

The coordinator of the NURS3027 Clinical Reasoning course Dr Benjamin Hay helps coordinate the event. Dr Hay highlights that, "we are so honoured to have the speakers attend each semester to share their stories with future health care professionals. It is such an important topic, and as evidenced from some of the recent student feedback below, there are many positives from the experience. We wish to thank the speakers again for their insights and valuable session."

To find out more about this event, please contact Dr Benjamin Hay and/or see the website for more information: [www.anzgog.org.au/sts/](http://www.anzgog.org.au/sts/)

### Student Quotes:

"It has raised my awareness immensely. I felt very in awe of the people who shared their experiences."

"Listening to survivors' stories makes you aware of what to look for in symptoms and how nursing staff can make a difference."

"It was insightful and something that is commonly overlooked. They gave an amazing insight into the life of someone (and caring for someone) with ovarian cancer. It changes the way I think by now knowing more of the impact across someone's life."

"Just opened my eyes a little more to how important showing empathy is and also caring for the carer (family members)."



"This event reminded me that these people are so much more than the statistics presented in textbooks. Every person has heartbreaking stories. Not only does the diagnosis devastatingly affect the patients but also the caregivers."

"This was a wonderful session. I feel so inspired to continue in nursing and provide ongoing support for cancer patients and survivors. I'm more aware of the signs and symptoms and will aim to advocate for all patients experiencing any symptoms."

## St John of God Caregiver of the Year announced

Congratulations to our lecturer Mel Mott, who was announced as the St John of God Murdoch Caregiver of the Year for 2021. Mel has been at Murdoch for over 15 years and is a highly respected, invaluable member of the Murdoch community. An experienced midwife, Mel is a huge support for the junior and senior caregivers alike on St Mary's ward and she supports our practicum programs and overall quality of learning experience.

## Intensive postgraduate mental health program

By Phil Daplyn, Lecturer

Notre Dame University Fremantle currently provides a postgraduate intensive program for newly qualified nurses embarking on a career in mental health nursing. The program aims to prepare newly qualified Registered Nurses by providing an intensive program of education before they start work. Whilst the program is facilitated by Notre Dame University there are a host of guest and expert lecturers in addition to Notre Dame nursing lecturers who present the content. Finally, a big thank you to Heather from our great admin team who makes it all possible.

The topics covered include psychiatric assessment and risk assessment, Mental Health Act 2014, perinatal mental health, community mental health, child and adolescent mental health, drug and alcohol treatment, the role of psychology in mental health, and others. On the final day of the two-week intensive, students are required to undertake an OSCE assessment (Objective Structured Clinical Examination) which involves undertaking a staged psychiatric assessment of a patient. The role of the patient is played by undergraduate nursing students. Research undertaken by the University conclusively proved the effectiveness of this type of assessment in preparing students for the "real world of psychiatric nursing". Students are also required to present on two occasions as part of their study days; the first being disease, the second a case study.

On completion of the intensive program students are able to return to Notre Dame University to complete a Postgraduate Certificate in Mental Health and Allied Health. The final two courses are at their own expense but have numerous benefits regarding career progression.

On the final study day students and nursing staff have a well-deserved lunch to conclude the semester.

## Grant Success!

By Professor Carolyn Bulsara, Research Coordinator



Our school research academics have had some recent grant successes to celebrate!

Assoc Professor Sadie Geraghty has had two grant successes with 'A review of Irish nursing and midwifery undergraduate education programmes leading to registration' (\$60,000) in collaboration with the N&M Board (Ireland) and University College Dublin (SoTL) Seed Grant. Assoc Prof Geraghty was also successful with a seed grant from The University of Notre Dame Australia 'The Art of Cultural Safety: Decolonising Pedagogy' (\$5,000).

Dr Bora Kim from our Sydney team has received one of the UNDA 2022 Early Career Researcher Awards to the value of \$9,845 for the project, 'Developing the novel oral agent to reduce the severity of chemotherapy-induced mucositis'. Bora is working with a private company, to co-design the product.

Prof Caroline Bulsara has received a grant for her work as part of a collaboration, working alongside Flinders University, Helping Hand Aged Care, and Silver Chain. The grant (\$200,000) is funded by ARIIA Growth and Translational Research for a project titled 'Retro-fitted dementia friendly environments and staff education as determinants of positive outcomes for people living with dementia'.

Assoc Prof Annmarie Hosie, Chair of Palliative Care Nursing, has been awarded a 2022 Research Development Grant for \$13,878 for her research on 'Understanding the influences on clinicians' delirium treatment practice and practice change'.

Professor Leanne Monterosso, Chair of Clinical Nursing, has been awarded two grants of \$10,000 each through the St John of God Research Foundation for her work on 'Consumer preference in consenting for different types of medical research' 'Voluntary Assisted Dying educational program for health care professionals' respectively.

**Congratulations to all of them.**

## Best Start to Life: a national gathering – Utilising the RISE framework to implement birthing services for First Nations Families Mparntwe, Alice Springs 10-12 October 2022

By Dr Cathryn Josif, Senior Lecturer

Dr Cath Josif and 3rd year BN student, Stephanie Gage attended this conference in Mparntwe, Alice Springs. Co-hosted by the Molly Wardaguga Research Centre (MWRC) & Central Australian Aboriginal Congress, the conference showcased exemplary models of health service designed to make an impact on Closing the Gap Target 2: First Nations children are born healthy and strong.

Presenters shared research, ideas and a vision to address inequities in maternal and infant health services provision and outcomes for First Nations mothers and babies.

Presentations were underpinned by the RISE framework:

- Redesign birthing services to meet the needs of First Nations women and their families
- Invest in the First Nations workforce and prepare non-Indigenous colleagues to work in this space
- Strengthen First Nations families
- Embed community engagement, governance and control

## Baby Shower for Laura Hynes

By Associate Professor Sadie Geraghty, Head of Midwifery

The School of Nursing & Midwifery hosted a baby shower for lecturer Laura Hynes who is going on maternity leave. Cath Josif gave a hilarious speech with quotes from her grandmother's 1930s Mother & Child health book, which caused much laughter amongst the staff! This is Laura's first baby and we welcome baby Victoria Hynes born 14th November 2022.



## National Rural Health Alliance Conference

By Dr Cathryn Josif, Senior Lecturer

The 16th National Rural Health Alliance (NRHA) Conference was held in Brisbane 2-4 August 2022. The theme – Bridging Social Distance – saw delegates gather to hear about rural health innovations and collaborations. Ms Maria Morgan (Majarlin) and Dr Cath Josif were not only there – they presented!

The research project, funded by the WA State Government (JTSI) and led by Chief Investigator, Professor Karen Clark-Burg, examined the delivery of health services and telehealth to provide aged care during COVID-19 in the Kimberley.

Maria and Cath presented findings on barriers and enablers to aged care services delivery and telehealth. For more information contact jane.gaspar@nd.edu.au

Research Team: Professor Karen Clark-Burg, Professor Caroline Bulsara, Dr Cath Josif, Maria Morgan, Dr Amanda Timler, Erina Myers & Jane Gaspar

Research Report: Clark-Burg, Karen; Bulsara, Caroline; Josif, Cathryn; Timler, Amanda; Gaspar, Jane; and Myers, Erina, "Emergency preparedness and response during COVID-19 in the Kimberley" (2022). Nursing Research Reports. 1. [https://researchonline.nd.edu.au/nursing\\_reports/1](https://researchonline.nd.edu.au/nursing_reports/1)

## Big Second Hand Book Sale

By Dr Cathryn Josif, Senior Lecturer

Staff had a big book clear out in September 2022. Books were made available to student nurses and midwives for a gold coin donation. \$130 was raised to buy food for the student food bank. A big thank you to all staff who donated books and assisted with the sale (so popular it was run twice) Thanks also to students who purchased books. Another sale will take place in early 2023.

## New Graduate Certificate for Aspiring Leaders launched in Nursing

By Dr Aisling Heavey, Senior Lecturer

The School of Nursing and Midwifery launched the Graduate Certificate in Clinical Leadership (Aspiring Leaders) earlier this year. The exciting and engaging program features a number of leading industry health experts, from General Managers to Hospital CEOs, sharing their experience and perspectives. St John of God Subiaco have partnered with the School of Nursing and Midwifery on this important program upskilling their Nurse Unit Managers with advanced clinical leadership and management skills.

## NURSOC Sydney Update

By Emma Shannon – President of NURSOC

The Nursing Society saw great success over the course of 2022, with most of the activities being run in the second semester.

We proudly supported The Black Dog Institute, Jeans for Genes, Endometriosis Australia and Beyond Blue. Multiple themed bake-sales and lunchtime barbecues found us ultimately raising over \$500.

Insofar as fun events run with NURSOC, the cross-collegiate cocktail event was a foundational event in the history of NURSOC and Notre Dame overall. It integrated all of the student nursing societies in Sydney and was run on the UTS campus. Seeing collaboration and communication occurring amongst peers was a fortifying experience, specifically given that most of the attending students were graduating alongside myself and the other members of NURSOC.

Continual support from the Heads of Nursing saw an increase in student engagement and consistent Facebook and Instagram posting resulted in a very successful student-to-student engagement.

Representation of the nursing cohort was continually maintained in the relationship with ROUNDS and MANDUS through the collaboration on the Amazing Race, Student Rural Outreach programmes and cocktail evenings which saw fundraising occur as well.

Overall, 2022 was largely successful for NURSOC and I cannot wait to see what the new committee is capable of doing!



## Extended Placement in Rural and Remote Nursing: Broken Hill

The Sydney School of Nursing and Midwifery currently has seven students participating in the Far West New South Wales: Extended Nursing Placement Program based in Broken Hill. These students – Jaya Kander, Jessica Mair, Katharine Gibson, Kirra Jackson, Gemma O’Grady, Sophia Lising, and Eloise Daggar (pictured below) – are in their 3rd year of the Bachelor of Nursing program and are participating in the first national trial of an alternative approach to final year nursing.

The Extended Nursing Placement Program is a pilot program for nursing students in the final semester of their studies, and it is designed to address health inequities and workforce shortages impacting rural and remote health care services. The program integrates nursing theory and practice to enhance students’ learning experiences by placing them in a high-quality hospital or clinic placement and education experience for 20 weeks. The seven students from the Sydney School of Nursing and Midwifery will be undertaking their placements in a range of locations across the Far West Local Health District, including Menindee, Balranald, and Broken Hill.

Rural and remote placements can be challenging, especially due to distance and associated feelings of isolation from classmates and loved ones, but these placements offer unique learning experiences and opportunities with exposure to a wide variety of clients and models of health care service delivery. Rural and remote placements can be invaluable for final year nursing students in developing their self-reliance and autonomy, clinical initiative and problem-solving skills, and can be a deeply rewarding and memorable experience to prepare for a career in nursing or midwifery.

The goal of the Extended Nursing Placement Program is to fully immerse the students in the rural and remote communities, to help give them a greater understanding of the communities they will be assisting through the provision of health care services, and also to help the students feel as if they are part of the community. At the end of their program, students will not only be fully equipped to begin their career as Registered Nurses but will also hopefully wish to return to these rural and remote communities in the long term.

## New extended placements in the Kimberley

By Fiona Hildebrand, Rural & Remote Lead, Nursing & Midwifery

Majarlin Kimberley Centre for Remote Health is proudly partnering with Kimberley Aboriginal Medical Service to offer a 6-week placement for students in their final semester to do their practicum in remote primary health clinics in the Kimberley. The students are interviewed to ensure they have the ability to reflect and demonstrate resilience and adaptability in the recruitment process. Due to the foreign cultural context, generalist nature, advanced practice and lack of resources, the students spend 3 days in the Broome Campus laboratory learning about everything from 'cheeky dogs' to plastering (pictured right). This is our second intake and students have been placed in the remote Indigenous communities of Balgo and Bidyadanga. We're thrilled that the majority of students have indicated that they would like to work in a remote area nursing setting in the future from their experience as a student. We're looking forward to hopefully growing this program to include more communities and a larger intake in the future. We're happy to report this because Majarlin is specifically set up to grow the workforce in rural and remote settings.



## Graduate Certificate in Contemporary Nursing (Re-entry to practice)

By Professor Karen Clark-Burg

Former nurses enrolled in Notre Dame's Re-entry to Practice program will have access to financial support while studying thanks to a generous gift from retired WA businessman, Mr Terry Merchant.

Mr Merchant, whose late wife Geraldine was also a nurse, has created a \$25,000 fund that students will be able to draw on if they are experiencing financial hardship.

Mr Merchant said he came up with the idea after seeing a story about Notre Dame's re-entry program on 7 News. He said he was struck by the fact that many participants had to give up their day jobs to complete the 12-week full-time intensive re-training program.

"I thought a lot of these nurses are going to be coming from the country, or they are going to be single mothers with children, so initially I've put in \$25,000 to get it started and we'll see where it goes from there," Mr Merchant said.

"It's in memory of my wife really. Nurses are wonderful and committed people and you don't meet any finer women or men."



School of Nursing and Midwifery National Head of School, Professor Karen Clark-Burg, thanked Mr Merchant for his generous support, which would be warmly welcomed by students.

"Giving up work to come back and study is a major decision for many students, especially those with families to support," Professor Clark-Burg said. "But knowing that financial support is available if it's needed will definitely make that decision a little bit easier for some."

As another incentive to help entice former nurses back into the profession, the State Government recently announced it would reimburse the full cost of the re-entry program for those who sign up to work in state-run hospitals.

## Kimberley Expansion: Derby and Kununurra

By Fiona Hildebrand, Rural & Remote Lead, Nursing & Midwifery



The Kimberley has one sixth of Western Australia's land mass with a few towns and many communities spread throughout it. In order to continue to meet the needs of our students we must expand our presence in the towns and the educational outcomes we can provide. Our Derby accommodation is available for placements and we have recently acquired accommodation and set up a Majarlin Kimberley Centre for Remote Health office in Kununurra. We are growing our capacity to support students in Kununurra by setting up a 'mini-lab' in the office to be able to support student teaching with simulations.

## Research study on Study techniques

Pathophysiology and pharmacology are some of the foundational subjects that nursing students must successfully complete in order to become skilled and knowledgeable clinicians. Unfortunately, these subjects cover complex scientific concepts that can be difficult for students to comprehend, adding to stressors during their undergraduate degree. Clinical Therapeutics 1 and 2 are undergraduate nursing courses covering pathophysiology and pharmacology. To promote effective learning, these courses embed various study strategies including flashcards, condensed notes, spaced repetition, teaching a peer activity and 'quizzing with peers' activities.

Bora Kim and her colleagues are conducting a mixed-method research study using survey data and individual interviews to evaluate the impact of these study strategies on students' academic performance, emotional wellbeing and self-efficacy.

Specifically, this study will test the following hypothesis: students who utilise these study strategies in their self-directed learning will report lower depression and anxiety levels, higher self-efficacy and academic performance. Qualitative interviews will explore the themes that underpin students' experiences with using these study strategies and their potential effects on academic achievement and psychosocial wellbeing.

The preliminary analysis (n=100) using Independent T-test showed a statistically significant increase in the overall score of Clinical Therapeutics 1 for those who utilised some of study strategies in their self-directed study (flash card:  $p=0.11$ , 71.73 vs 67.15, teaching a peer or verbalizing the course content in another form:  $p=0.42$ , 71.19 vs 67.69). However, Mann Whitney U test did not show statistically significant difference in generalised anxiety and depression scores or self-efficacy. Qualitative data will provide further insight into the interpretation of these findings.

The project will inform future course development to improve students' academic performance and learning experience. In addition, it will be preparatory work for a larger program of research to promote teaching excellence that is evidence-based and informed by local student data.



## Bringing former nurses back into WA hospitals

Helping former nurses to rapidly update their skills and re-join WA's hospital workforce is the aim of two key partnerships The University of Notre Dame Australia has forged – one with WA Health and the other with St John of God Health Care.

Notre Dame offers WA's only Re-entry to Practice program for nurses (including those who gained their qualifications overseas), which enables them to register with the Nursing and Midwifery Board of Australia.

Under the partnerships, WA Health and St John of God Health Care each provide clinical placements and reimburse the cost of the tuition fees for students of the program who are offered jobs and become their employees at the end of their study.

National Head of School at Notre Dame's School of Nursing and Midwifery, Professor Karen Clark-Burg, said there was a variety of reasons why people had drifted away from the profession, including to raise a family. The three-month intensive Re-entry to Practice program gives them a chance to rapidly upskill at minimal cost to themselves and in most cases, a secure job upon graduation.

## Chris Adams receives Rommie Award

By Professor Karen Clark-Burg

Chris Adams was the recipient of the 2022 Rommie Award for 'Exemplary Achievement and Performance Award' at this year's Notre Dame staff Christmas function.

Congratulations Chris on behalf of everyone in the School. This is well-deserved recognition, nominated by your peers and acknowledgement of your outstanding work and support of the students, staff, industry colleagues and everyone who is lucky to work with you.



# Midwifery Gala

By Associate Professor Sadie Geraghty,  
Head of Midwifery

The Midwifery Gala Dinner was held at the Ritz Carlton Hotel in Perth on Friday 11 November to celebrate 10 years of Midwifery at UNDA. Just under 200 guests attended a fun-filled night, and over \$3000 was raised for the International Confederation of Midwives Ukraine Direct Fund for midwifery students. A successful silent auction boosted the funds for the charity. There was a photo-booth to record fun photos and a disco and DJ where dancers packed the floor until midnight.



# Follow the Dream Program visits Notre Dame

By Cathryn Josif

The School of Nursing and Midwifery welcomed students from the Follow the Dream program and Polly Farmer Foundation in November 2022. Four Year 8 students, interested in careers in Nursing and Health Sciences, toured the Nursing Lab. All demonstrated great skills in blood pressure monitoring, hand hygiene and preparing an IV flush. Looking forward to more visits from prospective nursing students involved in the program in 2023.





## Fremantle Nursing & Midwifery Awards Night

By Dr Benjamin Hay

The School of Nursing & Midwifery in Fremantle recently held their successful event – the 2022 Nursing and Midwifery awards on campus. These awards recognised graduands who demonstrated academic excellence, special efforts, or high levels of clinical competence within the Bachelor of Nursing, Postgraduate Nursing, Graduate Diploma of Midwifery and/or Higher Degree by Research programs. On entry to the venue, academic staff formed a guard of honour for invited guests and their families, followed by the main award ceremony presentations by valued guests and award donors. In addition, staff and students participated in the traditional candle lighting ceremony to symbolise ‘our mission to be a light to others to help them see the good in the world and in themselves’. From the candle given by renowned Professor Jean Watson in the early days of the School, students symbolically received the flame from academic staff members’ candles. Graduating student nurse leaders then passed the flame to the next group of student nurse leaders for 2023. The event concluded with graduands reciting the moving Nurses Hands Prayer. The School congratulates all the award winners and graduates, and we all look forward to connecting with you again in your future careers.





## 2023 Short Courses

The University of Notre Dame Australia's Fremantle School of Nursing and Midwifery is pleased to offer the following short courses in 2023. If you would like further information on any of the listed courses, would like to express your interest in any future course topics, or discuss the course being provided at your facility for your staff, please get in contact via the methods listed below. Consult the individual course flyers or website for further information.

Course	Time	Modality	Dates	Cost
Adult Deterioration: Assessment, Prevention and Treatment (ADAPT)	Full day + pre-reading	F2F (Fremantle)	14/2, 26/5, 16/6, 20/10, 24/11	\$220
Advanced Life Support Level 1 (ARC)	Full day + pre-reading	F2F (Fremantle)	28/1, 18/2, 1/4, 20/5, 24/6, 26/8, 23/9, 4/11, 16/12	\$500
Advanced Life Support Level 2 (ARC)	2 full days + pre-reading	F2F (Fremantle)	11-12/3, 6-7/5, 22-23/7, 14-15/10, 2-3/12	\$1350
Airway Management and Mechanical Ventilation in the ED	Full day + pre-reading	F2F (Fremantle)	2/6, 9/11	\$400
Cannulation	4 hours + pre-reading	F2F (Fremantle)	29/4, 4/7, 21/10, 15/12	\$300
Detecting and Responding to Clinical Deterioration Webinar	3 hours + pre-reading	Online	7/2, 9/5, 6/6, 10/10, 14/11	\$165
Introduction to Cardiac Monitoring	5 hours + pre-reading	Online	6/4, 6/9, 6/12	\$150
		F2F (Fremantle)	2/2, 5/7, 7/11	
Mentor Webinar for New Mentors	1.5 hours	Online	2/5, 27/7, 24/10	\$55
Paediatric Basics in ED	Full day	Online	10/5, 29/8	\$275
		F2F (Fremantle)	27/6, 16/11	
Registered Nurse Refresher Program	4 full days	Online	22-25/5, 23-26/10	\$880
Respiratory Management and Basic Ventilation	3 hours + pre-reading	Online	8/2, 10/5, 7/6, 11/10, 15/11	\$165
Rhythm Strip and 12 Lead Interpretation	Full day	Online	18/4, 19/9, 13/12	\$275
		F2F (Fremantle)	10/2, 11/7, 22/11	
Sutures, Staples and Steri-Strips	6 hours + pre-reading	F2F (Fremantle)	20/6, 19/10, 5/12	\$400
Triage in the ED	Full day + pre-reading	Online	25/1, 15/3, 7/6, 17/8, 14/11	\$275
		F2F (Fremantle)	7/2, 15/4, 6/7, 16/9, 11/12	

### Contact Us

Phone: (08) 9433 0205

Email: [postgraduatenuising@nd.edu.au](mailto:postgraduatenuising@nd.edu.au)

[notredame.edu.au/pg/nursing](https://notredame.edu.au/pg/nursing)



Scan the QR code to explore our short course offerings on our website

## New staff member introductions



### Dr Carol Chunfeng Wang

Dr Carol Chunfeng Wang is a Registered Nurse, licensed acupuncturist, registered laser practitioner, and teaching and research academic in the School of Nursing and Midwifery at UNDA. Carol currently supervises HDR students within integrative medicine to improve health outcomes in chronic diseases, especially chronic pain, mental health, and cancer symptom management. Carol is also a holistic practitioner with 28 years of clinical experience working in China, Singapore, and Australian health care systems. Carol's capacity in offering nonpharmacological interventions and community-engaged programs such as Tai Chi, is safe, inexpensive, and sustainable, which can be quickly transferred to community and self-practice to help alleviate the mental, physical, psychosocial, and economic burden that people with chronic disease endure.

To learn more about Carol's research, please visit [notredame.edu.au/about/schools/fremantle/nursing-and-midwifery/staff/carol-wang](https://notredame.edu.au/about/schools/fremantle/nursing-and-midwifery/staff/carol-wang)



### Natalie Woods Lecturer/Course Coordinator

Natalie is a Registered Nurse and Registered Midwife. She has worked clinically in multiple verticals of health care and facilities for the last 32 years and remains clinically current. Working in the domain of teaching/educating (12 years), at many faculties, she continues to enjoy, encourage, and nurture our next generation of Registered Nurses. Natalie is looking forward to UNDA's next chapter— a national program. Previously, she has assisted in the coordination and movement of a state-based curriculum to a national curriculum. Natalie is excited to cohesively and collaboratively engage with our internal and external stakeholders and curriculum teams.



### Sallyanne Tingey Lecturer

Sallyanne is a Registered Nurse with over 10 years of postgraduate experience in the emergency nursing specialisation. Sallyanne has worked in a variety of metropolitan and regional emergency departments across Western Australia in both clinical and education roles. Areas of expertise are emergency department triage, ventilation, advanced life support and Sallyanne is currently an Australian Resuscitation Council Advanced Life Support Level 1 and 2 instructor and course director.

Sallyanne has completed multiple Graduate Certificates in nursing and education and is currently undertaking the Master of Health Professional Education at The University of Notre Dame Australia. Sallyanne is currently course coordinating and program developing for postgraduate education at the School of Nursing and Midwifery. Sallyanne also delivers undergraduate Bachelor of Nursing education in critical care, pathophysiology, pharmacology and public health courses.



**Jess Brown**  
Professional Practice  
Course Coordinator

Jess commenced work at UNDA as a tutor in Paediatric and Adolescent Health in 2020. Since then, she has also worked as a clinical facilitator, and recently joined the Professional Practice Team as a lecturer and coordinator of Professional Practice 5. She is a paediatric nurse with a PICU background and also enjoys working clinically. When she is not at work, she is kept busy by her young family and her love of cooking.



**Lynn Ready**  
Professional Practice  
Course Coordinator

Lynn's career in nursing stretches over 40 years beginning in Jersey in the British Channel Islands through to Perth.

Nursing has been a privilege and an honour for Lynn. Her experience includes Medical, Endocrine, Infectious diseases (including running the infectious diseases ward during SARS and H1N1), Cardiology, Respiratory, Vascular surgery, Multi-disciplinary Foot unit and many more. She worked as a Registered Nurse, Clinical Nurse, After Hours Nurse Manager, Clinical Nurse Manager, and Nurse Unit Manager. She also had the opportunity to relieve in the Director of Nursing Position at Fremantle Hospital and Fiona Stanley Hospital.

She worked at Fremantle Hospital for 25 years. During the final years of her time in Fremantle she studied her Grad Cert in Leadership and Management at Notre Dame whilst preparing the staff to transition over to Fiona Stanley. In 2013, Lynn moved over to Fiona Stanley Hospital during the commissioning phase and was part of the team preparing the hospital for opening, which was both a rewarding and challenging period of her life. She continued on at Fiona Stanley for 5 years.

Following FSH Lynn worked at the Health Department as a contact tracer. She also worked at the Rio Tinto tent swabbing FIFO workers, getting leaked on in the winter and boiled alive in the summer, but what an experience!

She then applied and was successful in obtaining a position as a Clinical Facilitator at Notre Dame. Her experience has been one of joy. Being back in Fremantle and working within a caring and supportive environment has been a highlight of her career. She believes her strengths to be compassion, communication, teamwork, dedication, loyalty and hard work.



**Professor Vasiliki Betihavas**  
National Deputy Head  
of School

Vasiliki is a Registered Nurse and academic who advocates for the education of nurses and the advancement of the nursing and midwifery professions. Her discipline is in critical care with research that focuses on keeping persons with chronic conditions out of hospital. Her PhD was supported by an NHMRC grant where she created a world first model that predicts the risk of hospitalisation of an individual with chronic heart failure..

Utilising social determinants of health, Vasiliki wants to ensure persons with chronic conditions are self-determining in their disease management. Her expertise in nursing, teaching, research and governance contributed to her being the only academic engaged in the education of nurses to be appointed to the Nursing and Midwifery Council of NSW. This role promotes safety for the public by reviewing performance, conduct and health matters of Registered Nurses and Midwives.

Vasiliki is excited about her role at UNDA and believes in 'power with' colleagues through ongoing consultation and collaborative discussions. She is policy-focused and process-driven, guided by an ethical and moral framework and tries to build trust with social justice at the foundation. Vasiliki also enjoys hiking with paper maps and is a KDdrama aficionado.



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## National School of Nursing and Midwifery

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