

September 2019

Monthly Research Update

School of
Arts &
Sciences

Dear A & S colleagues,

This month's newsletter as always comes with interesting articles, including the beautiful essay by one of our HDRs, Sarah Ayoub. Also, on P.1 is a reminder to support one of our own at his book launch next weekend. Please remember to RSVP for the event. Details below!

Find out tips on overcoming the imposter syndrome from Marianne's Mouthpiece on P.3.

Enjoy the September issue!

Safiya Okai-Ugbaje, A&S PhD candidate

Publications, creative works, fellowships and grants

Remember to report your publications and creative works to IRMA, irma@nd.edu.au, and to cc Safiya.okai-ugbaje1@my.nd.edu.au (until Christine returns in 2020)

In the media/community

Camilla Nelson, "[Maxine Peake brings warmth and likeability to raw, bitter pain in a candid tale of IVF failure](#)", *The Conversation*, 3 September 2019.

Sarah Ayoub, "[Te'Ebrini](#)", *Sydney Review of Books*, 10 September 2019.

Ari Mattes, "[The Joker's origin story comes at a perfect moment: clowns define our times](#)", *The Conversation*, 11 September 2019.

Camilla Nelson, "[Drawing Power review: a searing comics anthology on sexual violence](#)", *The Conversation*, 24 September 2019.

Thumps up to Meera Atkinson for appearances at the Sydney Jewish and Brisbane writers festivals, and interview for the ABC radio program, *Nightlife*.

Alumnus book launch - Dr. Metin Mustafa - The Ottoman Renaissance

Date and time: Saturday 5th October, 3.30pm to 4pm

Please RSVP on <http://www.gleebooks.com.au/BookingRetrieve.aspx?ID=317388> or phone 02 9660 2333

Key Dates

October 8

HREC agenda items due for meeting **22 October**

October 10

SRC agenda items due for meeting **17 October**

October 17

HDR seminar – Preparing for and accepting criticism

October 18

HDR Workshop – Statistical tips for interpreting scientific claims

Advanced Endnote **30 October**

October 25

HDR afternoon tea

Conferences, CFPs, prizes and funding opportunities

'[Vincent Fairfax Family Foundation \(VFFF\)](#)'.

'[Philanthropy Australia](#)'. Hub of options.

'[The Arts Hub lists a range of options](#)', 3 rounds per year.

'[The Australia Council for the Arts offers a range of grants, including Career Development Grants of \\$5,000 to \\$25,000. Next round closing 1 October](#)

'[Academy of the Social Sciences in Australia's 2020-21 Workshop Program Grant](#)'. Applications due 4 October 2019.

'[CFP: Doing Women's Film and Television History Conference V](#)', 20-22 May 2020, Maynooth University, Ireland. Abstracts due by 11 October 2019.

'[CFP: 2nd International Interdisciplinary Conference on Gender Studies and Status of Women](#)', 8-11 March 2020, Queen Margaret University, Edinburgh UK. Abstracts due by 30 November 2019.

'[The Ian Potter Foundation, Arts round](#)', with decision by late April 2020. EOI open 4 November and closes 22 November 2019. Application closes 24 January 2020

'[W.K. Hancock Prize](#)' for a first book in history by an Australian scholar, published 2018 or 2019. Entries close 31 January 2020.

For conference alerts in your discipline area, sign up to 'Conal Conference Alerts', <http://conferencealerts.com/>

Useful Links

UNDA Research Office, '[The Research Newsletter Blogspot](#)'

[Research Office](#)

[Research Online](#)

[Research News and Events Schedule](#)

[Australian Research Council](#) (ARC)

[ARChway](#) (ARC newsletter)

[Data management](#) (UNDA Library)

A & S **Documents for Supervisors** (staff only): M:\Arts and Sciences\Research\Information for Supervisors

A & S **Documents for Researchers** (staff only): M:\Arts and Sciences\Research\Information for Researchers

Latest issue of [Artefact](#)

Monthly Research Update Archive (staff only): M:\Arts and Sciences\Research\Monthly Updates

Set up a grants alert in your research area at **Pivot**: <https://pivot.cos.com/login>

and **GrantConnect** (Australian Commonwealth): <https://www.grants.gov.au/>

Marianne's Mouthpiece

Overcoming 'Imposter Syndrome' in Academia

What is 'imposter syndrome' in academia?

'Imposter syndrome' has been described as an internal fear of being exposed as a fraud. In an academic environment, it is an internal feeling of being found out as an intellectual fake, leaving one believing they are not worthy of their academic position or not good enough in their academic thought.

Have you experienced academic 'imposter syndrome'? As HDRs this feeling is common.

How can we overcome it?

1. *Compare like for like.* As an HDR you seem to expect your writing and argument to be at the same standard as leading scholars in your academic field. You often compare yourself to them. It is worth remembering that they have been doing this for thirty or so years; you have been doing this for only a few. Know that the HDR journey is a period of training and you are not expected to be at the level of established scholars right now.
2. *Focus on achievements.* Focus your attention on your accomplishments and not on your expectations. Listing or recalling your achievements will remind you, during times of self-doubt, that you are where you are for a reason. Setting future goals is important. However, too high expectations or unrealistic goals may make you feel inadequate.
3. *Be truly humble.* Humility is often understood as portraying yourself as inferior to others or having a low view of yourself. However, being truly humble is more accurately about modestly acknowledging your achievements and taking pride in the effort and hard work it took to achieve them.
4. *Take criticism constructively.* Instead of letting criticism from academics tear your confidence down, use the criticism to better your thoughts and arguments. You are allowed to not agree with the criticism with justification and with respect.

Recent articles of interest

Anne-Wil Harzing, "[Open Syllabus Explorer: evidencing research-based teaching?](#)", LSE Impact Blog, 10 September 2019.

Donica Belisle and Kiera Mitchell, "[Giving Credit: Gender and the hidden labour behind academic prestige](#)", LSE Impact Blog, 18 September 2019.

David Matthews, "[Ethicist warns universities against using AI in admissions](#)", *THE*, 20 September 2019.

Jack Grove, "['Embed' green issues into course content, says NUS rep](#)", *THE*, 25 September 2019

5. *Have academic supporters.* When the 'imposter syndrome' sets in, it is always worthwhile to be surrounded by those on your side whether they are your academic peers, supervisors or even other academics who hold the same argument as you. Knowing you are not alone can make such a difference!

Come join fellow HDRs in the School of Arts and Sciences during **Friday lunchtimes. Email me at marianne.rozario1@my.nd.edu.au to find out more.**

Marianne Rozario, PhD candidate and SRC HDR representative

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