



THE UNIVERSITY OF NOTRE DAME AUSTRALIA

Program Code: 3595

CRICOS Code: 119003J

PROGRAM REQUIREMENTS:

Bachelor of Health Sciences

BHlthSc

Responsible Owner: Executive Dean, Faculty of Medicine, Nursing, Midwifery and Health Sciences
Responsible Office: School of Health Sciences
Contact Officer: National Manager, Enrolments, Fees and Student Administration
Effective Date: 1 January 2026



THE UNIVERSITY OF
NOTRE DAME
A U S T R A L I A

1 TABLE OF CONTENTS

1	TABLE OF CONTENTS	2
2	AMENDMENTS.....	2
3	PURPOSE.....	3
4	OVERVIEW	3
5	ENTRY REQUIREMENTS	3
6	PRACTICUM OR INTERNSHIP REQUIREMENTS.....	3
7	PROGRAM REQUIREMENTS.....	4
8	DEFINITIONS	5
9	LIST OF APPENDICES.....	6
	APPENDIX A: Bachelor of Health Sciences.....	6
	APPENDIX A: Bachelor of Health Sciences – Program Planner	7
	APPENDIX C: LIST OF PRE-REQUISITES/CO-REQUISITES.....	8

2 AMENDMENTS

Amendments to these requirements will be made in accordance with the General Regulations.

Version	Date Amended	Amendment Details	Approved by
1	August 2025	Program created	Academic Council
2	November 2025	Amendments to campus offerings & modes of delivery	Chair of Academic Council
3	January 2026	Clarification of 4.6 Study Mode	Faculty Board
4			
5			

3 PURPOSE

These Program Requirements set out the approved requirements for the Bachelor of Health Sciences.

4 OVERVIEW

4.1 Campus Availability

The Bachelor of Health Sciences has been approved for delivery on the Fremantle, Sydney and Broome Campuses.

4.2 Student Availability

The Bachelor of Health Sciences is available for enrolment to domestic Students and international Students with a student visa.

4.3 Australian Qualifications Framework

The Bachelor of Health Sciences is accredited by the University as a Level 7 AQF qualification.

4.4 Duration

The Volume of Learning for the Bachelor of Health Sciences is 3.0 years of equivalent full-time study. An option to complete this Program Part-time is available.

4.5 Maximum Duration

The maximum period of time within which a student is permitted to complete the Bachelor of Health Sciences Award is detailed in the University's General Regulations.

4.6 Study Mode

The Bachelor of Health Sciences is offered on campus, online and in Multimode Study mode. Students in rural, regional and remote areas of Australia can study this program online. Students in other geographic locations who are unable to attend the Sydney or Fremantle campuses may also choose to study online. Our Broome campus supports online enrolments only. Note: In the final year of study, students have the opportunity to study some introductory postgraduate courses as a pathway to further study in areas such as Physiotherapy, Speech Pathology or Counselling. These courses are only available on campus. Alternative electives are available for students pursuing the Bachelor of Health Sciences online.

4.7 Professional Accreditation

There are no professional accreditation requirements applicable to this Program.

5 ENTRY REQUIREMENTS

5.1 University Admission Requirements

To be eligible for admission to The University of Notre Dame Australia, all applicants must meet the [University's minimum requirements for admission](#). The requirements for admission are detailed in the University's Policy: *Admissions*.

5.2 Specific Program Requirements for Admission

To be eligible for admission to the Bachelor of Health Sciences applicants must also meet the following specific requirements.

5.2.1 There are no further requirements for Admission to this program.

6 PRACTICUM OR INTERNSHIP REQUIREMENTS

6.1 Students are required to complete HLTH3XXX Experiential Learning in Health that may include an industry placement or related project.

7 PROGRAM REQUIREMENTS

7.1 Program Description

The Bachelor of Health Sciences is a 3-year program designed to prepare graduates for successful careers in the evolving health sector. The curriculum covers essential topics, including anatomy, pathophysiology, evidence-based practice, psychology, health promotion and advocacy, interprofessional learning, health management, and leadership skills. In the first year, students focus on Health and Human Function. The second year relates to Systems and Health Promotion, while the final year highlights Implementing Change. The program also offers flexibility, allowing students to choose four electives in areas of interest. Graduates will have a strong foundation in human health, equipping them to pursue rewarding careers or continue their studies at the post-graduate level.

7.2 Program Learning Outcomes

Upon successful completion of the Bachelor of Health Sciences graduates will be able to:

1. Apply their broad and coherent theoretical knowledge of key concepts in human health, disease prevention, and health promotion for professional work and/or further learning.
2. Apply evidence-based research methods to appraise health information and uphold a commitment to lifelong learning in the field of human health.
3. Communicate effectively with diverse audiences using multiple formats, ensuring clarity and comprehension while delivering accurate health information.
4. Work both independently and collaboratively within inter-professional teams, contributing to a cohesive approach to health care practice.
5. Implement personal, professional and social responsibility as engaged global citizens, understanding their role in promoting health, health equity and enhancing community well-being.
6. Exhibit cultural competence and recognition of Indigenous health perspectives, effectively addressing the health needs and challenges of diverse populations while fostering respectful partnerships.
7. Advocate for dignity of all individuals and promote holistic care that reflects a commitment to compassion, service and justice in the health care environment.

7.3 Required Courses

To be eligible for the award of Bachelor of Health Sciences students must complete a minimum of 600 Units of Credit chosen from the courses listed in Appendix A including:

50 Units of Credit from two (2) Core Curriculum Courses.

7.4 Elective Courses

Students enrolled in the Bachelor of Health Sciences are required to complete four (4) elective courses. These general electives can be taken from the School of Health Sciences courses. Courses from the Schools of Business and Arts & Sciences are available, providing the pre-requisite courses have been completed.

7.5 Honours

Honours is not available within the Bachelor of Health Sciences program.

7.6 Course substitutions

Course substitutions, where permitted, must be approved by the Head of Discipline (or delegate).

8 DEFINITIONS

For the purpose of these Requirements, the following definitions are available in the General Regulations.

- Leave of Absence
- Major
- Units of Credit
- Pre-requisite Course
- Minor
- Elective
- Co-requisite Course
- Specialisation
- General Elective

9 LIST OF APPENDICES

APPENDIX A: Bachelor of Health Sciences

	Units of Credit
Eighteen (18) Compulsory Courses	
HLTH1000 Human Structure and Function	25
HLTH1006 Introduction to Health	25
HLTH1150 Academic Research and Writing in Health Sciences	25
ABOR1000 Aboriginal People	25
HLTH1030 Anatomy and Physiology of Body Systems	25
PHTY1007 Pathophysiology in Allied Health	25
BESC1003 Psychosocial Determinants of Health	25
PHTY2000 Evidence Based Practice	25
HLTH2007 Population Approaches to Health Promotion	25
HLTH2XXX Mental Health Advocacy	25
HLTH3XXX Digital Health	25
HLTH2XXX Exercise for Health	25
HLTH2XXX Interprofessional Health Approaches	25
HLTH3610 Community and Advocacy Approaches to Health Promotion	25
HLTH3022 Behaviour Change and Lifestyle Counselling	25
HLTH3XXX Project Management for Health	25
HLTH3XXX Experiential Learning in Health	25
BUSN3020 Leadership Theory and Practice	25
Two (2) Core Curriculum Courses:	50
CORE1000: Foundations of Wisdom	
Core Elective	
Electives	
General Elective 1	25
General Elective 2	25
General Elective 3	25
General Elective 4	25
TOTAL	600

APPENDIX A: Bachelor of Health Sciences – Program Planner

YEAR ONE – Health and Human Function						
Semester One			Semester Two			
Course Code	Course Title	Units of credit	Course Code	Course Title	Units of credit	
CORE1000	Foundations of Wisdom	25	ABOR1000	Aboriginal People	25	
HLTH1000	Human Structure and Function	25	HLTH1030	Anatomy and Physiology of Body Systems	25	
HLTH1006	Introduction to Health	25	PHTY1007	Pathophysiology for Allied Health	25	
HLTH1150	Academic Research and Writing in Health Sciences	25	BESC1003	Psychosocial Determinants of Health	25	
Total Units of Credit for Y1 S1		100	Total Units of Credit for Y1 S2		100	
					Total Units of credit Year One	200

YEAR TWO – Systems and Health Promotion						
Semester One			Semester Two			
Course Code	Course Title	Units of credit	Course Code	Course Title	Units of credit	
PHTY2000	Evidence Based Practice	25	HLTH2XXX	Exercise for Health	25	
HLTH2007	Population Approaches to Health Promotion	25	HLTH2XXX	Interprofessional Health Approaches	25	
HLTH2XXX	Mental Health Advocacy	25	HLTH3610	Community and Advocacy Approaches for Health Promotion	25	
HLTH2XXX	Digital Health	25	COREXXXX	Core Elective	25	
Total Units of Credit for Y2 S1		100	Total Units of Credit for Y2 S2		100	
					Total Units of credit Year Two	200

YEAR THREE – Implementing Change						
Semester One			Semester Two			
Course Code	Course Title	Units of credit	Course Code	Course Title	Units of credit	
HLTH3022	Behaviour Change and Lifestyle Counselling	25	HLTH3XXX	Experiential Learning in Health	25	
HLTH3XXX	Project Management for Health	25	BUSN3020	Leadership Theory and Practice	25	
	General Elective 1	25		General Elective 3	25	
	General Elective 2	25		General Elective 4	25	
Total Units of Credit for Y3 S1		100	Total Units of Credit for Y3 S2		100	
					Total Units of credit Year Three	200
					TOTAL PROGRAM UNITS OF CREDIT:	600

APPENDIX C: LIST OF PRE-REQUISITES/CO-REQUISITES

COURSE CODE	COURSE TITLE	PRE-REQUISITE [Enter course code and title]	CO-REQUISITE [Enter course code and title]
HLTH2007	Population Approaches to Health Promotion	HLTH1006 Introduction to Health	NA
HLTH3610	Community and Advocacy Approaches to Health Promotion	HLTH1006 Introduction to Health	NA
BUSN3020	Leadership: Theory and Practice	BUSN1600 Principles of Management AND minimum 400 units of credit	NA