



THE UNIVERSITY OF NOTRE DAME AUSTRALIA

Bachelor of Counselling

Bachelor of Counselling

School of Arts & Sciences

Do you aspire to be a professional counsellor? The University of Notre Dame Australia's Bachelor of Counselling is the degree for you. You will be able to communicate effectively and deal with a wide range of issues, from trauma and addiction counselling to counselling couples and families and addressing grief and loss issues. The Bachelor of Counselling is a three-year program that equips you with both the theoretical background and the hands-on skills needed to work effectively in a challenging and often demanding environment. Contact us to find out more.

Why study this degree?

Our unique Bachelor of Counselling degree offers you a fully-integrated program of instruction that focuses on the individual's psychosocial, personal and spiritual development throughout their lifespan.

In Year One, you will study a range of theories and approaches to counselling, explore personal values, belief systems and experiences from culture and family, identify effective self-care strategies and develop attributes essential to professional practice. You will also begin to develop practical counselling skills before moving on to specific areas of counselling children, adolescents, couples and families and older people in Years Two and Three.

Blending theoretical understanding and hands-on experience, the program covers just about every type of scenario within the human experience. You will learn the interpersonal skills needed to build a positive client alliance which promotes the use of the therapeutic relationship as an organising focus for treatment.

The program includes a placement in a counselling agency which will provide supervised practice, including a minimum of 40 hours of face-to-face client contact. Your placement allows you to gain practical experience and establish a professional network which may help you secure employment. Upon graduation, you will be entitled to register as a professional counsellor with Psychotherapy and Counselling Federation Australia (PACFA) and the Australian Counselling Association (ACA).

Program summary

More information about the courses can be found at the [course descriptions](https://www.notredame.edu.au/about-us/faculties-and-schools/school-of-arts-and-sciences/fremantle/course-descriptions) (<https://www.notredame.edu.au/about-us/faculties-and-schools/school-of-arts-and-sciences/fremantle/course-descriptions>) page.

Year One

- COUN1001 Formation of the Professional Counsellor 1

- COUN1002 Formation of the Professional Counsellor 2
- COUN1003 Theories & Approaches to Counselling
- COUN1004 Counselling Skills Training 1
- ARTS1000 Academic Writing, Communication & Research
- BESC1000 Developmental Psychology
- ABOR1000 Aboriginal People

Year Two

- COUN2000 Formation of the Professional Counsellor 3
- COUN2001 Formation of the Professional Counsellor 4
- COUN2002 Counselling Skills Training 2
- COUN2003 Counselling Skills Training 3
- COUN2004 Counselling and Children
- COUN2006 Counselling Adolescents
- COUN2005 Grief and Loss Counselling
- COUN2007 Trauma and Addiction Counselling

Year Three

- COUN3000 Formation of the Professional Counsellor 5
- COUN3001 Formation of the Professional Counsellor 6
- COUN3002 Placement and Supervision A
- COUN3003 Placement and Supervision B
- COUN3004 Counselling Couples and Families
- COUN3005 Counselling Older People

core-curriculum

Core Curriculum

- CORE I: Foundations of Wisdom
 - CORE II: Elective
 - Electives in philosophy and/or theology
 - Professional embedded electives that integrate studies in a profession with philosophy and/or theology
 - An option to undertake a pilgrimage embedded in the study of the philosophy and theology of pilgrimage, e.g., World Youth Day
 - An option to undertake a course that integrates philosophy & theology with community service and charity work
 - An option to undertake an elective in philosophy, theology, and the liberal arts contained within an international experience
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Full details of the program requirements are contained in the Program Requirements (https://www.notredame.edu.au/__data/assets/pdf_file/0025/397/of-Counselling.pdf).

arts&sciences

More information regarding courses can be found at the course descriptions (<https://www.notredame.edu.au/about/schools/fremantle/arts-and-sciences/course-descriptions>) page.

Please note: The availability of these courses is indicative only and may be subject to change.

Entry requirements

drop-down code

Entry requirements WA

Learning outcomes

Upon successful completion of the Bachelor of Counselling graduates will be able to:

1. Evaluate theoretical perspectives of counselling and associated peer-reviewed literature to determine case-appropriate counselling practices
2. Differentiate the various stages of human development to determine their implications for counselling
3. Assess presenting issues and their causes, develop therapeutic alliances and implement appropriate interventions by using effective counselling skills
4. Communicate effectively, in a range of contexts
5. Apply standards of the profession when working with clients and colleagues
5. Demonstrate professional skills, operating individually and collaboratively as required.

Practical component

This program includes a placement in a counselling agency of 128 hours which will provide supervised practice, including face-to-face client contact.

Career opportunities

Graduates of this program can follow diverse career paths in the private and public sectors; Careers available to graduates include Youth workers, trauma counsellors, drug and alcohol counsellors, and family counsellors.

Real-world experience

You will learn from academics who are industry leaders and, through our practicum placements and internship programs, you will gain real professional experience and make valuable contacts with potential employers.

Study abroad

A global perspective adds a valuable dimension to your university education. At Notre Dame University you can study while experiencing the world. We encourage students to become active global citizens through a range of exchange programs, professional placements, study tours, and volunteer opportunities. Visit [International Opportunities](https://www.notredame.edu.au/study/international-students)

(<https://www.notredame.edu.au/study/international-students>) to find out more.

Professional accreditation

External accreditation requirements are applicable to this Program. The accrediting body is the Psychotherapy and Counselling Federation of Australia (PACFA).

Fees and costs

This Program has the following loan scheme(s) available for eligible students:

Commonwealth Supported Place (CSP)

A Commonwealth Supported Place (CSP) is a place at a university where the Australian Government pays part of your fees. This part is a subsidy, not a loan, and you don't have to pay it back. However, this subsidy does not cover the entire cost of your study. Students must pay the rest, which is called the 'student contribution amount'.

In a Commonwealth Supported Place, your fees are subsidised by the Australian Government. Your fees will be split into two portions:

The Commonwealth contribution, which is the portion paid by the Australian Government.

The student contribution, which is the portion you pay. You may choose to pay upfront or defer your student contribution with a HECS-HELP Loan. The HECS-HELP loan scheme (<https://www.studyassist.gov.au/preview-link/node/106/5de65e70-6656-4297-a79d-19fd4a6deadd>) assists eligible students with the payment of all, or part, of their tuition fees, not including additional study costs such as accommodation or textbooks. Your HECS-HELP debt will be indexed each year in line with the Consumer Price Index.

Eligible students will be offered a CSP – you do not need to apply.

International Full-Fee Paying

Tuition costs depend on an international student's study load and discipline. Fees are payable each semester at least four weeks prior to the commencement of your program.

For indicative fees and information on how to pay, including Government loan schemes and our online calculator, visit our Fees, costs and scholarships page (<https://www.notredame.edu.au/study/fees-costs-and-scholarships>).

Student profile data

The tables below gives an indication of the likely peer cohort for new students in this Program. It provides data on all students who commenced in this Program in the most relevant recent intake period, including those admitted through all offer rounds and international students studying in Australia.

Fremantle Student Profile Data

TABLE 1a - Bachelor of Counselling BASIS OF ADMISSION IN SEMESTER 1, 2022 INTAKE

Applicant background	Semester 1 2022	
	Number of students	Percentage of all students
(A) Higher education study (includes a bridging or enabling course)	10	53%
(B) Vocational education and training (VET) study	<5	N/P
(C) Work and life experience (Admitted on the basis of previous achievement not in the other three categories)	<5	N/P
(D) Recent secondary education: <ul style="list-style-type: none"> ◦ Admitted solely on the basis of ATAR (regardless of whether this includes the consideration of adjustment factors such as equity or subject bonus points) 	N/A	N/A

◦ Admitted where both ATAR and additional criteria were considered (e.g. portfolio, audition, interview, extra test, early offer conditional on minimum ATAR)	<5	N/P
◦ Admitted on the basis of other criteria only and ATAR was <i>not</i> a factor (e.g. special consideration, audition alone, interview, school marks & recommendation with no minimum ATAR requirement)	<5	N/P
International students	N/A	N/A
All students	19	100.0%

TABLE 1b - Bachelor of Counselling ATAR PROFILE DATA FOR APPLICANTS ENTERING ON THE BASIS OF RECENT SECONDARY EDUCATION IN SEMESTER 1, 2022 INTAKE

RECENT SECONDARY EDUCATION - ATAR-based offers	ATAR (Excluding adjustment factors) *	Selection Rank (ATAR plus any adjustment factors) *[only if relevant]
Highest rank to receive an offer	N/A	N/A
Median rank to receive an offer	N/A	N/A
Lowest rank to receive an offer	N/A	N/A

Notes:

"<5" – the number of students is less than 5

N/A – Students not accepted in this category

N/P – Not published: the number is hidden to prevent the calculation of numbers in cells with less than 5 students

In 2022, due to COVID, additional adjustment factor points were granted to applicants from NSW, ACT and VIC.

More information

Considering your uni options?

Talk to one of our career advisors for a personalised advice session (<https://calendly.com/d/dmr-5gg-c2h>). Our advisors provide support while choosing a program of study and completing our application process. **Book my session. (<https://calendly.com/d/dmr-5gg-c2h>)**

For more information, please call our Prospective Students Office on +61 8 9433 0533 or email future@nd.edu.au (<mailto:future@nd.edu.au>).

All international enquiries should contact the International Students Office on international@nd.edu.au (<mailto:international@nd.edu.au>).

APPLY DIRECT ↗

Need help? Ask Notre Dame

(08) 9433 0533

Duration: 3 years full-time or equivalent part-time

Duration type: Full time; Part time

Campus: Fremantle; Sydney

Study mode: On campus

Commencement: Semester 1; Semester 2

Program code: 3543

CRICOS code: 035277D

Fee: Commonwealth Supported Place (CSP); International
II Fees

Practical Component: Min 40 hours client contact + clinical
pervision hours

APPLY DIRECT [NOTREDAME.EDU.AU](https://www.notredame.edu.au)