Master of Counselling

School of Arts & Sciences, Fremantle Campus

Accredited by the Psychotherapy and Counselling Federation of Australia and Australian Counselling Association, this degree provides professional training for students who would like to work in the challenging but rewarding area of counselling. This degree combines classroom based study with practical counselling experience. Students have the opportunity to complete an original thesis as part of this program.

Why study this degree?

Our Master of Counselling is designed to suit the needs of people from a variety of professional backgrounds including, but not limited to, social work, human resources, social welfare, nursing, psychology and education. At the end of this postgraduate program, you will have the theoretical knowledge and practical skills in counselling needed to work in a wide variety of situations.

The degree takes an integrative approach to counselling practice, with a focus on contemporary and evidence-based approaches, group-work, mental health, research
skills and counselling across the life-span. You will also be encouraged to develop self-awareness, identify and discuss links between theory and practice, and showcase your ability to assess and intervene in response to a range of presenting issues. You will also develop research skills relevant to the field of counselling. In the second year, you will undertake an industry placement. Students complete a minimum of 190 hours of placement over the two-year program, with a minimum of 40 hours of clinical contact.

By the end of the Master’s degree you will be able to register as a counsellor and work with clients in a variety of settings.

**Program summary**

**Year One**

- COUN6000 Interpersonal Group Practice
- COUN6001 Counselling Skills
- COUN6002 Theoretical Approaches to Counselling
- COUN6003 Approaches to Mental Health
- COUN6004 Theory and Process of Group Facilitation
- COUN6005 Family Systems and Couples
- RSCH5010 Research Methods
- PHIL6020 Ethical Issues in Professional Life

**Year Two**

- COUN6006 Placement, Supervision and Case Studies A & B
- COUN6008 Professional Practice
- COUN6009 Trauma, Loss and Grief Counselling
- COUN6010 Specialised Counselling Approaches
- THREE (3) Research Electives

**Master of Counselling research electives**

- ARTS6000 Literature Review
- ARTS6001 Professional Project
- ARTS6002 Experience the World
- ARTS6003 Research Project
- ARTS6004 Research Project
- ARTS6005 Special Project
- ARTS6030 Professional Group Project
- RSCH7000 Quantitative Research Methods
- RSCH7001 Qualitative Research Methods
- RSCH7002 Scholarly Writing and Publication
- RSCH7003 Developing a Research Proposal

Full details of the program requirements are contained in the Program Regulations (https://www.notredame.edu.au/__data/assets/pdf_file/0009/422-of-Counselling.pdf).

*Please note: The availability of these courses is indicative only and may be subject to change.*

**Real-world experience**

You will learn from academics who are industry leaders and, through our practicum placements and internship programs, you will gain real professional experience and make valuable contacts with potential employers.

**Entry requirements**
Applicants must hold an undergraduate degree. Applicants will also be required to demonstrate a suitable degree of mature life experience, including self-awareness, a capacity to relate to others and an understanding of ethical behaviour. Admission requires a selection interview with a member of the Counselling staff. At the interview the applicant will be required to demonstrate a suitable degree of mature life experience as defined by the Psychotherapy and Counselling Federation of Australia (PACFA). Successful applicants will be required to provide a current National Police Clearance.

**Fees and costs**

This Program has the following loan scheme(s) available for eligible students:

**FEE-HELP**
The FEE-HELP loan scheme assists eligible fee-paying students with the payment of all, or part, of their tuition fees, not including additional study costs such as accommodation or textbooks. Your FEE-HELP debt will be indexed each year in line with the Consumer Price Index. Please note, from 1 January 2019, students studying an undergraduate program at the University of Notre Dame will no longer be charged the 25% FEE-HELP loan fee.

For further information, or for indicative fees for domestic or international students, please visit our Fees page ([https://www.notredame.edu.au/study/fees](https://www.notredame.edu.au/study/fees)).

**More information**
For more information on the Master of Counselling, please call our Prospective Students Office on +61 8 9433 0533 or email future@nd.edu.au.

All international enquiries should contact the International Students Office on international@nd.edu.au.

Need help? Ask Notre Dame

(08) 9433 0533

**Duration:** 2 years full-time or equivalent part-time

**Campus:** Fremantle

**Practical Component:** 190 hours

**Loan Scheme:** FEE-HELP

**Study mode:** On Campus

**Code:** Program Code 5023, CRICOS Code 055386M

**Commencement:** Semester 1 or Semester 2