Bachelor of Counselling
School of Arts & Sciences, Fremantle Campus

From trauma and addiction counselling to counselling couples and families and addressing issues of grief and loss, today’s counsellors must deal with a very wide range of issues and be able to communicate effectively in a range of contexts. The Bachelor of Counselling is a three-year program that equips you with both the theoretical background and the hands-on skills needed to work effectively in a challenging and often demanding environment.

Why study this degree?
Our unique Bachelor of Counselling degree offers you a fully-integrated program of instruction that focuses on the psychosocial, personal and spiritual development of the individual throughout their lifespan. In Year One, you will study a range of theories and approaches to counselling, explore personal values, belief systems and experiences from culture and family, identity effective self-care strategies and develop attributes essential to professional
practice. You will also begin to develop effective counselling skills before moving onto specific areas of counselling children, adolescents, couples and families and older people in Years Two and Three.

Blending theoretical understanding and hands-on experience, the program covers just about every type of scenario within the human experience. You will learn the interpersonal skills needed to build a positive client alliance which promotes the use of the therapeutic relationship as an organising focus for treatment. The program includes 120 hours of supervised practice which allows you to gain practical experience and a professional network of contacts which may help you secure employment. Upon graduation, you will be entitled to register as a professional counsellor with Psychotherapy and Counselling Federation Australia and/or the Australian Counselling Association (ACA).

**Program summary**

More information about the courses can be found at the course descriptions ([https://www.notredame.edu.au/about/schools/fremantle/arts-and-sciences/course-descriptions](https://www.notredame.edu.au/about/schools/fremantle/arts-and-sciences/course-descriptions)) page.

**Year One**

- COUN1001 Formation of the Professional Counsellor 1
- COUN1002 Formation of the Professional Counsellor 2
- COUN1003 Theories & Approaches to Counselling
- COUN1004 Counselling Skills Training 1
- ARTSL1000 Academic Writing, Communication & Research
- BESC1000 Developmental Psychology
- CORE1010 Introduction to Philosophy
- ABOR1000 Aboriginal People

**Year Two**

- COUN2000 Formation of the Professional Counsellor
  - 3
- COUN2001 Formation of the Professional Counsellor
  - 4
- COUN2002 Counselling Skills Training 2
- COUN2003 Counselling Skills Training 3
- COUN2004 Counselling and Children
- COUN2006 Counselling Adolescents
- COUN2005 Grief and Loss Counselling
- COUN2007 Trauma and Addiction Counselling

**Year Three**

- COUN3000 Formation of the Professional Counsellor
  - 5
- COUN3001 Formation of the Professional Counsellor
  - 6
- COUN3002 Placement and Supervision A
- COUN3003 Placement and Supervision B
- COUN3004 Counselling Couples and Families
- COUN3005 Counselling Older People
- CORE1020 Ethics
- CORE1030 Introduction to Theology
Full details of the program requirements are contained in the Program Regulations (https://www.notredame.edu.au/__data/assets/pdf_file/0025/397139/Bachelor-of-Counselling.pdf).

Here you can find full details of the courses on offer in 2020 and 2021 (https://www.notredame.edu.au/__data/assets/pdf_file/0021/24528/Courses-on-Offer.pdf).

*Please note: The availability of these courses is indicative only and may be subject to change.*

**Real-world experience**
You will learn from academics who are industry leaders and, through our practicum placements and internship programs, you will gain real professional experience and make valuable contacts with potential employers.

**Entry requirements**
Academic requirements for this program are outlined below. In addition, to be eligible for admission, all applicants need to satisfy minimum requirements outlined at admission requirements (https://www.notredame.edu.au/study/admission-requirements). These include those relating to age and English Language Proficiency (https://www.notredame.edu.au/study/admission-requirements/english-language-proficiency-requirements). We also consider your application more broadly – your non-academic achievements (such as any previous leadership roles, volunteering, work, church and/or community involvement) as well as personal qualities - your aspirations and interests and your capacity to complete your chosen program.
Applicants will also be required to demonstrate a suitable degree of mature life experience, including self-awareness, a capacity to relate to others and an understanding of ethical behaviour. Admission requires a selection interview with a member of the Counselling staff. At the interview the applicant will be required to demonstrate a suitable degree of mature life experience as defined by the Psychotherapy and Counselling Federation of Australia (PACFA). Successful applicants will be required to provide a current National Police Clearance.

**Applicants with recent Secondary Education:**

- Indicative ATAR of 70 with a score of 50+ in ATAR English, ATAR Literature or ATAR English as an Additional Language or Dialect (EALD)
  - OR
- Minimum International Baccalaureate (IB) score of 24

**Applicants with Higher Education Study**

- Other university studies completed at undergraduate level or higher, a minimum of 4 successfully completed subjects;
  - OR
- Successful completion of the Notre Dame Tertiary Pathway Program or of another Enabling Program at a level deemed sufficient by the University;
  - OR
- Completed AQF Certificate IV or higher in a relevant discipline, from an accredited provider such as TAFE or a Registered Training Organisation (RTO) with a score of 50+ in ATAR English, ATAR Literature or ATAR English as an Additional Language or Dialect
Applicants who have successfully completed subjects at another University, which are relevant to the selected program of study, may be eligible for Advanced Standing (https://www.notredame.edu.au/current-students/your-enrolment/admin-and-fees/fremantle/advanced-standing).

**Applicants with Vocational Education and Training (VET) study**

- Completed AQF Certificate IV or higher in a relevant discipline, from an accredited provider such as TAFE or a Registered Training Organisation (RTO).

**Applicants with Work and Life Experience**

Applicants who left secondary education more than two years previously and who have not undertaken VET or higher education study since then, but with relevant work and life experience. Such experience may include, but is not limited to:

- STAT scores of at least 135 in the Multiple Choice section and 140 in the Written English section are required
  OR
- Mature-age completion of two Year 12 WACE or HSC exams with a resulting ATAR of 70 or above
  OR
- Western Australian Certificate of Education (WACE) or equivalent results if these have been completed within the last 5 years.

**Fees and costs**
This Program has the following loan scheme(s) available for eligible students:

**FEE-HELP**
The FEE-HELP loan scheme assists eligible fee-paying students with the payment of all, or part, of their tuition fees, not including additional study costs such as accommodation or textbooks. Your FEE-HELP debt will be indexed each year in line with the Consumer Price Index. Please note, from 1 January 2019, students studying an undergraduate program at the University of Notre Dame will no longer be charged the 25% FEE-HELP loan fee.

For further information, or for indicative fees for domestic or international students, please visit our [Fees page](https://www.notredame.edu.au/study/fees).

**Career opportunities**
The following careers are open to graduates of this program:

- Youth worker
- Trauma counsellor
- Drug and alcohol counsellor
- Family counsellor

**Student profile data**
Table 2 below gives an indication of the likely peer cohort for new students in this Program. It provides data on all students who commenced in this Program in the most relevant recent intake period, including those admitted through all offer rounds and international students studying in Australia.
<table>
<thead>
<tr>
<th>Applicant background</th>
<th>Semester 1 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number of students</td>
</tr>
<tr>
<td><strong>(A) Higher education study</strong> (includes a bridging or enabling course)</td>
<td>7</td>
</tr>
<tr>
<td><strong>(B) Vocational education and training (VET) study</strong></td>
<td>NP</td>
</tr>
<tr>
<td><strong>(C) Work and life experience</strong> (Admitted on the basis of previous achievement not in the other three categories)</td>
<td>&lt;5</td>
</tr>
<tr>
<td><strong>(D) Recent secondary education:</strong></td>
<td>N/A</td>
</tr>
<tr>
<td>◦ Admitted solely on the basis of ATAR (regardless of whether this includes the consideration of adjustment factors such as equity or subject bonus points)</td>
<td>0</td>
</tr>
<tr>
<td>◦ Admitted where both ATAR and additional criteria were considered (e.g. portfolio, audition,</td>
<td>0</td>
</tr>
</tbody>
</table>
interview, extra test, early offer conditional on minimum ATAR)

- Admitted on the basis of other criteria only and ATAR was **not** a factor (e.g. special consideration, audition alone, interview, school marks & recommendation with no minimum ATAR requirement)

<table>
<thead>
<tr>
<th></th>
<th>International students</th>
<th>All students</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td>0%</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

**TABLE 2b - Bachelor of Counselling ATAR PROFILE DATA FOR APPLICANTS ENTERING ON THE BASIS OF RECENT SECONDARY EDUCATION IN SEMESTER 1, 2019 INTAKE**

<table>
<thead>
<tr>
<th>RECENT SECONDARY EDUCATION - ATAR-based offers</th>
<th>ATAR (Excluding adjustment factors) *</th>
<th>Selection Rank (ATAR plus any adjustment factors) *[only if relevant]</th>
</tr>
</thead>
<tbody>
<tr>
<td>Highest rank to receive an offer</td>
<td>&lt;5</td>
<td>N/A</td>
</tr>
<tr>
<td>Median rank to receive an offer</td>
<td>&lt;5</td>
<td>N/A</td>
</tr>
<tr>
<td>Lowest rank to receive an offer</td>
<td>&lt;5</td>
<td>N/A</td>
</tr>
</tbody>
</table>
Notes:
“<5” – the number of students is less than 5
N/A – Students not accepted in this category
N/P – Not published: the number is hidden to prevent calculation of numbers in cells with less than 5 students

More information
For more information on the Bachelor of Counselling, please call our Prospective Students Office on +61 8 9433 0533 or email future@nd.edu.au (mailto:future@nd.edu.au).

All international enquiries should contact the International Students Office on international@nd.edu.au (mailto:international@nd.edu.au).

Need help? Ask Notre Dame
(08) 9433 0533

Duration: 3 years full-time or equivalent part-time
Campus: Fremantle
Practical Component: 120 Hours
Loan Scheme: FEE-HELP
Study mode: On Campus
Code: Program Code 3543, CRICOS Code 035277D
Commencement: Semester 1 or Semester 2