

**Duration**: 0.5 year equivale of full-time study. Only available

rt-time.

**Duration type**: Full time; Part time

Campus: Fremantle

Study mode: Online

Commencement: Semester 1; Semester 2

**Program code**: 4160

Loan Scheme: FEE-HELP

# **Graduate Certificate in Sport Coaching and Leadership**

School of Health Sciences

Are you interested in becoming a sporting or leadership coach? The University of Notre Dame Australia's Graduate Certificate in Sport Coaching and Leadership develops coaches who understand, manage and lead people comprehensively and ethically. This program provides a clear understanding of the theory and

methodological application of best practice principles that focus on a holistic coaching approach to athlete development and performance. Contact us today to start your learning journey.

## Why study this degree?

This program provides future and current coaches with a clear understanding of the theory and methodological application of best practice principles that focus on holistic athlete development. Throughout the program, you explore coaching and leadership theories and behaviours, cultural issues, performance analysis techniques, and professional practice principles.

The program adopts a multi-disciplinary holistic approach to performance coaching within an ethical framework. Students reflect on their coaching experience and how coaching and leadership can influence athletic environments, performance and progress.

## **Program summary**

The Four compulsory Program courses within the Grad Certificate include:

- Multidisciplinary Coaching Practice
- Performance Technology and Analysis for Coaches
- Leadership and Culture in Sport
- Professional practice in High Performance Sport

Full details of the program requirements are contained in the <a href="Program Requirements">Program Requirements</a>

(https://www.notredame.edu.au/\_\_data/assets/pdf\_file/0022/68215/Nested-Programs-in-Sport-Coaching-and-Leadership.pdf).

More information regarding courses can be found at the <u>course</u> <u>descriptions</u> (https://www.notredame.edu.au/about-us/faculties-and-schools/school-of-health-sciences/fremantle/course-descriptions) page.

# **Entry requirements**

- A Bachelor degree (AQF Level 7) in a related field; OR
- A Bachelor degree (AQF Level 7 in any field) combined with 5 years coaching experience in semi-professional or professional sport; OR
- Where the applicant does not meet the above criteria, admission to this program may be granted if: a) The applicant has sufficient background and/or experience in coaching or leadership in semi professional or professional sport and; b) The applicant has the skills necessary to complete postgraduate studies

# Learning outcomes

Upon successful completion of the Graduate Certificate in Sport Coaching and Leadership, graduates will be able to:

- Apply information regarding coaching and leadership models, behaviours and best practice across a range of sporting contexts
- Identify physical and mental requirements of athletes across a range of sporting contexts
- 3. Implement and evaluate athlete centred programs that may utilise contemporary technology to enhance performance
- Appraise and reflect on coaching and leadership strategies, practice and programming for holistic athlete development and lifelong learning
- Communicate socially responsible guidelines that address a range of organisational, social, community and individual issues that reflect positive ethical culture for athletes and the wider community; and
- 5. Undertake research related to a variety of purposes within coaching environments.

## **Career opportunities**

A Graduate Certificate in Sports Coaching and Leadership will give you the skills and knowledge to work in various settings, including professional sporting organisations and government workplaces. Careers include high-performance managers, sports, and science managers, professional coaches, sports scientists, strength and conditioning coaches, and fitness coaches/advisors.

# Real-world experience

You will learn from academics who are industry leaders and, through our practicum placements and internship programs, you will gain real professional experience and make valuable contacts with potential employers.

### Fees and costs

This Program has the following loan scheme(s) available for eligible students:

#### FEE-HELP

The FEE-HELP loan scheme assists eligible fee-paying students

with the payment of an, or part, of their tuition rees, not including additional study costs such as accommodation or textbooks. Your FEE-HELP debt will be indexed each year in line with the Consumer Price Index.

For indicative fees and information on how to pay, including Government loan schemes and our online calculator, visit our Fees Page (https://www.notredame.edu.au/study/fees-costs-and-scholarships).

#### More information

#### Considering your uni options?

Talk to one of our career advisors for a <u>personalised advice</u> <u>session (https://calendly.com/d/dmr-5gg-c2h)</u>. Our advisors provide support while choosing a program of study and completing our application process. **Book my session.** (https://calendly.com/d/dmr-5gg-c2h)

For more information, please call our Prospective Students Office on +61 8 9433 0533 or email <a href="mailto:future@nd.edu.au">future@nd.edu.au</a> (mailto:future@nd.edu.au).

For more information, please email <a href="mailto:studyonline@nd.edu.au">studyonline@nd.edu.au</a>. <a href="mailto:studyonline@nd.edu.au">(mailto:studyonline@nd.edu.au</a>)