



THE UNIVERSITY OF NOTRE DAME AUSTRALIA

Graduate Diploma in Sport Coaching and Leadership

School of Health Sciences, Fremantle Campus

Unique to WA, our Graduate Diploma in Sport Coaching and Leadership develops coaches who understand, manage and lead people comprehensively and ethically. This program provides a clear understanding of the theory and methodological application of best practice principles that focus on a holistic coaching approach to athlete development and performance. Building on the foundations of the Graduate Certificate, the Diploma further develops a comprehensive and ethical knowledge of coaching, management and leadership, with a particular focus on Strength and Conditioning, and Integrated performance.

Why study this degree?

This program provides future and current coaches with a clear understanding of the theory and methodological application of best practice principles that focus on holistic athlete development. Throughout the program, you explore coaching and leadership theories and behaviours, cultural issues, performance analysis techniques, and professional practice principles.

The program adopts a multi-disciplinary holistic approach to performance coaching within an ethical framework. Students reflect on their own coaching experience, and how coaching and leadership can influence athletic environments, performance and progress.

Notre Dame's distinctive approach is recognised by students, in nationwide federal government student surveys, as being #1 in Australia for 'skills development' and best in the State for 'overall quality of educational experience' and 'student support' for postgraduate studies.(qilt.edu.au).

Program summary

The seven compulsory program courses within the Grad Diploma include:

- Multidisciplinary Coaching Practice
- Performance Technology and Analysis for Coaches
- Leadership and Culture in Sport
- Professional practice in High Performance Sport
- Applications of Advanced Strength and Conditioning
- Integrated Approaches to Athlete Health and Performance
- Evidence Based Coaching Practice

And one core curriculum course:

- Ethical Issues in Professional Life

Full details of the program requirements are contained in the Program Regulations

(https://www.notredame.edu.au/_data/assets/pdf_file/0021/682/Diploma-of-Sport-Coaching-Leadership.pdf).

Real-world experience

You will learn from academics who are industry leaders and, through our practicum placements and internship programs, you will gain real professional experience and make valuable contacts with potential employers.

Entry requirements

A Bachelor degree (AQF Level 7) in a related field; **OR** Bachelor degree (AQF Level 7 in any field) combined with 5 years coaching experience in semi-professional or professional sport.

Fees and costs

This Program has the following loan scheme(s) available for eligible students:

FEE-HELP

The FEE-HELP loan scheme assists eligible fee-paying students with the payment of all, or part, of their tuition fees, not including additional study costs such as accommodation or textbooks. Your FEE-HELP debt will be indexed each year in line with the Consumer Price Index.

More information

For more information on the Graduate Diploma in Sport Coaching and Leadership, please call our Prospective Student Officers on +61 8 9433 0533 or email

future@nd.edu.au (<mailto:future@nd.edu.au>).

All international enquiries should contact the International Students Office on international@nd.edu.au (<mailto:international@nd.edu.au>).

APPLY DIRECT ↗

Need help? Ask Notre Dame

(08) 9433 0533

Duration: Equivalent to 1 year of full-time study

Campus: Fremantle

Study mode: Part-time, online

Code: Program Code 4161

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