

# Adult Deterioration: Assessment; Prevention; Treatment (ADAPT)

Are you a Registered Nurse or Health Professional looking to refresh and develop your skills?

2024 Dates: 16th February, 31st May, 19th July, 18th October, 15th November Time: 8:30am - 4:30pm (AWST) Cost: \$280 (incl. GST) CPD: 12 hours Location: Fremantle Campus, WA The full day Adult Deterioration: Assessment; Prevention; Treatment (ADAPT) focuses on the recognition and response to the clinically deteriorating adult in the clinical setting. The course utilises a mixture of presentations, skills workshops, case studies and hands on simulated clinical scenarios to apply knowledge and clinical skills using a structured ABCDE approach to assessing and managing clinical deterioration. This approach to learning facilitates understanding of the core physiological changes linked to clinical deterioration and applies rapid assessment and intervention alongside teamwork, communication, and collaboration across professional groups.

The course consists of four hours of pre-course reading and an eight-hour face to face workshop. Pre-course activity access and course location details will be emailed to participants approximately two weeks in advance.

This course is suitable for all health professionals who care for adult patients in the acute setting and would like to improve or refresh their patient assessment and management, prioritization, and clinical reasoning skills (nurses, midwives, doctors, paramedics).

This course can be delivered at your local facility. To discuss this, please contact <u>postgraduatenursing@nd.edu.au</u> (mailto:postgraduatenursing@nd.edu.au) or call (08) 9433 0205.

## **Course learning outcomes**

By the end of the course, participant should be able to:

- Explain the factors that contribute to clinical deterioration in the adult patient
- Understand the evidence base supporting the use of track and trigger systems and the monitoring of vital signs

- Discuss how effective teamwork and communication, along with an awareness of human factors, contributes to the successful recognition and response to clinical deterioration
- Apply the systematic ABCDE approach to simulated clinical scenarios
- Apply relevant techniques to the assessment and management of airway problems in the deteriorating patient
- Explain how pathophysiological changes relate to signs and symptoms in the deteriorating patient
- Provide a rationale for initial interventions based on the patients changing pathophysiology and the need for time management

# About the facilitator

#### Dr Steven Hardman

#### Senior Lecturer | School of Nursing & Midwifery The University of Notre Dame Australia

RN (Adult), DipHE Nursing, BSc (Hon), PGCert Higher Education, PGCert Critical Care, MSc, PhD

Dr Steven Hardman is a registered nurse with 26 years of postgraduate experience. Steve has worked in a variety of settings across the globe including clinical, educational, and military roles. He completed a PhD at The University of Notre Dame Australia with his research focusing on the role and competencies of graduate nurses dealing with clinically deteriorating ward patients. His areas of expertise are within acute and critical care nursing, clinical deterioration, advanced life support and resuscitation. Steve continues to work clinically as a senior nurse within a Metropolitan intensive care unit.

Steve is currently employed within the School of Nursing and Midwifery as a senior lecturer. This involves coordinating, developing, and delivering several undergraduate nursing, postgraduate nursing, and multi-professional courses. Other roles and responsibilities undertaken by Steve include chairing the School Exam Committee, acting as academic liaison for undergraduate students, membership of the School Research Committee and the supervision of several higher degree by research students.

## Refunds and cancellations Payments

Payment in full is required to secure your place for a University of Notre Dame Short Course. This can be completed via the registration links which require credit card payment. If an invoice is required, please contact postgraduatenursing@nd.edu.au

(mailto:postgraduatenursing@nd.edu.au). This email does not secure course places. Places will be secured once payment is received. UNDA cannot hold spaces whilst awaiting invoice payment therefore prompt payment is recommended to ensure places on courses are confirmed.

## Cancellations

Cancellation of registrations by registrants can be completed through contacting <u>postgraduatenursing@nd.edu.au</u> (mailto:postgraduatenursing@nd.edu.au). A full refund can be provided if cancellation occurs outside of the minimum cancellation period outlined for the course, which is 14 days. The minimum cancellation period is measured in days prior to the course commencement date.

If cancellation occurs within the stipulated minimum cancellation period, the candidate will not receive any refund unless the course place is taken by another participant. The candidate will not be able to transfer to another course without full payment for the future course unless the course place is taken by another participant. The University of Notre Dame Australia reserves the right to cancel a course date if minimum numbers are not met. Candidates will be notified no later than five days before the course date of cancellation and full refund or course date transfer will be provided.

#### Transfers

Transfers to alternate course dates can be completed via email. Transfer without financial penalty will occur if transfers are completed outside of the minimum cancellation window for the course. Transfer requests within the minimum cancellation window will forfeit the payment for the current date and require full payment for the requested future course date, unless the course place is taken by another participant.

## **More information**

All enquiries should be directed to <u>postgraduatenursing@nd.edu.au</u> <u>(mailto:postgraduatenursing@nd.edu.au)</u> or (08) 9433 0205