



THE UNIVERSITY OF NOTRE DAME AUSTRALIA

Graduate Diploma of Sport Coaching and Leadership

Graduate Diploma of Sport Coaching and Leadership

School of Health Sciences

Do you want a career in sports or leadership coaching? The University of Notre Dame Australia's Graduate Diploma in Sport Coaching and Leadership develops coaches who understand, manage and lead people comprehensively and ethically. Building on the foundations of the Graduate Certificate, the Diploma further develops a comprehensive and ethical knowledge of coaching, management and leadership, with a particular focus on Strength and Conditioning and Integrated performance. Contact us today to enrol.

Why study this degree?

This program provides future and current coaches with a clear understanding of the theory and methodological application of best practice principles that focus on holistic athlete development. Throughout the program, you

explore coaching and leadership theories and behaviours, cultural issues, performance analysis techniques, and professional practice principles.

The program adopts a multi-disciplinary holistic approach to performance coaching within an ethical framework. Students reflect on their coaching experience and how coaching and leadership can influence athletic environments, performance and progress.

Program summary

The seven compulsory program courses within the Grad Diploma include:

- Multidisciplinary Coaching Practice
- Performance Technology and Analysis for Coaches
- Leadership and Culture in Sport
- Professional practice in High Performance Sport
- Applications of Advanced Strength and Conditioning
- Integrated Approaches to Athlete Health and Performance
- Evidence Based Coaching Practice

And one core curriculum course:

- Ethical Issues in Professional Life

Full details of the program requirements are contained in the Program Requirements

(https://www.notredame.edu.au/_data/assets/pdf_file/0022/68215/Nested-Programs-in-Sport-Coaching-and-Leadership.pdf).

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More information regarding courses can be found at the course descriptions (<https://www.notredame.edu.au/about-us/faculties-and-schools/school-of-health-sciences/fremantle/course-descriptions>) page.

Entry requirements

- A Bachelor degree (AQF Level 7) in a related field; **OR**
- Bachelor degree (AQF Level 7 in any field) combined with 5 years coaching experience in semi-professional or professional sport.

Learning outcomes

Upon successful completion of the Graduate Diploma in Sport Coaching and Leadership, graduates will be able to:

1. Integrate coaching and leadership models, behaviours and best practice across a range of sporting contexts
2. Identify physical and mental requirements of athletes across a range of sporting contexts
3. Implement coaching and leadership strategies, practice and programming for holistic athlete centred development.
4. Appraise and reflect on coaching and leadership strategies, practice and programming for holistic athlete development and lifelong learning
5. Implement socially responsible practices that address a range of organisational, social, community and

individual issues using highly developed communication skills; and

5. Formulate scholarly practice which evaluates complex issues in sport, leadership and management.

Career opportunities

A Graduate Diploma in Sports Coaching and Leadership will give you the skills and knowledge to work in various settings, including professional sporting organisations and government workplaces. Careers include high-performance managers, sports, and science managers, professional coaches, sports scientists, strength and conditioning coaches, and fitness coaches/advisors.

Real-world experience

You will learn from academics who are industry leaders.

Fees and costs

This Program has the following loan scheme(s) available for eligible students:

Domestic Fee-Paying

A domestic fee-paying place is a place at university where the student is responsible for the full cost the program.

Eligible domestic fee-paying students may apply for the FEE-HELP loan scheme

(<https://www.studyassist.gov.au/preview-link/node/108/a39069a0-c0d9-4ed5-ad8e-1df4d43a987a>)

which assists eligible fee-paying students with the payment of all, or part, of their tuition fees, not including additional study costs such as accommodation or textbooks. Your FEE-HELP debt will be indexed each year in line with the Consumer Price Index.

For indicative fees and information on how to pay, including Government loan schemes and our online calculator, visit our Fees, costs and scholarships page

(<https://www.monash.edu.au/study/fees-costs-and-scholarships>)

<https://www.notredame.edu.au/study/tees-costs-and-scholarships>).

More information

Considering your uni options?

Talk to one of our career advisors for a personalised advice session (<https://calendly.com/d/dmr-5gg-c2h>). Our advisors provide support while choosing a program of

study and completing our application process. **Book my session.** (<https://calendly.com/d/dmr-5gg-c2h>)

For more information, please call our Prospective Students Office on +61 8 9433 0533 or email future@nd.edu.au (<mailto:future@nd.edu.au>).

For more information, please email studyonline@nd.edu.au. (<mailto:studyonline@nd.edu.au>)

APPLY DIRECT ↗

Need help? Ask Notre Dame

(08) 9433 0533

Duration: 1 year full-time or equivalent part-time

Duration type: Full time; Part time

Campus: Fremantle

Study mode: Online

Commencement: Semester 1; Semester 2

Program code: 4161

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Fee: Domestic Full Fees

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