



THE UNIVERSITY OF NOTRE DAME AUSTRALIA

ARC Advanced Life Support Level 2 (ALS2)

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Are you a Health Professional looking to refresh and develop your skills?

Description

This two-day course focuses on developing advanced skills in managing deteriorating patients and cardiac arrest. The course is designed for healthcare professionals who would be expected to apply the skills taught as part of their clinical duties, to lead initial resuscitation, or to teach advanced resuscitation skills on a regular basis. Prior skills and competence in cardiopulmonary resuscitation is an essential prerequisite to attending the course. While the course covers advanced resuscitation skills, it is also designed to develop leadership and teamwork skills in managing such emergencies.

The adult advanced life support courses are standardised national courses accredited by the Australian Resuscitation Council (ARC), teaching evidence-based

resuscitation guidelines and skills to healthcare professionals. As all co-badged courses in Australia are regulated by the ARC, the ALS course credentials are cross-recognised by the RC(UK), New Zealand Resuscitation Council (NZRC) and the European Resuscitation Council (ERC). ARC Courses provide the opportunity for interprofessional education to promote the knowledge, skills, attributes and attitudes in order to work together in an effective collaborative fashion. Certification for the advanced life support courses is valid for up to four years.

Candidates are posted a hard copy manual at least four weeks prior to the course to commence preparation for the eight-hour face-to-face component. Pre-course preparation time varies and is dependent on prior knowledge and experience and personal learning attributes.

The Advanced Life Support Level 2 (ALS2) course is ideal for those healthcare professionals who are frequently involved in the response to a deteriorating patient or to a patient in cardiac arrest. Appropriate participants include medical doctors, nurses and paramedics working in acute and critical care areas (e.g. ED, CCU, ICU, HDU, acute admissions units) or in the resuscitation /medical emergency team.

This course can be delivered at your local facility. To discuss this, please contact postgraduatenuising@nd.edu.au (<mailto:postgraduatenuising@nd.edu.au>) or call (08) 9433 0205

Dates

- Saturday 6th – Sunday 7th April 2024

- Saturday 11th – Sunday 12th May 2024
- Saturday 27th – Sunday 28th July 2024
- Saturday 26th – Sunday 27th October 2024
- Saturday 14th – Sunday 15th December 2024

Time: 08:00-18:00 AWST

Location: Fremantle Campus, WA

Cost: \$1600 (inc GST)

CPD hours: 20 hours

Learning outcomes

By the end of the course, participant should be able to:

- Recognise, assess and manage the deteriorating patient using a structured ABCDE approach (aiming to prevent cardiac arrest)
- Treat cardiac and/or respiratory arrest, including manual defibrillation
- Manage life-threatening arrhythmias
- Prepare and plan for post resuscitation care
- Care for the deteriorating patient or patient in cardiac and/or respiratory arrest in special circumstances such as asthma, anaphylaxis, and pregnancy
- Lead a team, work as a team member, and use structured communication skills including giving an effective handover
- Understand the considerations for end of life decision making

About the facilitators

Dr Steven Hardman

Senior Lecturer, School of Nursing & Midwifery

The University of Notre Dame Australia

RN (Adult), DipHE Nursing, BSc (Hon), PGCert Higher Education, PGCert Critical Care, MSc, PhD

Dr Steven Hardman is a registered nurse with 26 years of post graduate experience. Steve has worked in a variety of settings across the globe including clinical, educational and military roles. He completed a PhD at The University of Notre Dame Australia with his research focusing on the role and competencies of graduate nurses dealing with clinically deteriorating ward patients. His areas of expertise are within acute and critical care nursing, clinical deterioration, advanced life support and resuscitation. Steve continues to work clinically as a senior nurse within a Metropolitan intensive care unit.

Steve is currently employed within the School of Nursing and Midwifery as a senior lecturer. This involves coordinating, developing and delivering several undergraduate and postgraduate nursing and multi-professional courses. Other roles and responsibilities undertaken by Steve include chairing the School Exam Committee, acting as academic liaison for undergraduate students, membership of the School Research Committee and the supervision of several higher degree by research students.

Refunds and cancellations

Payments

Payment in full is required to secure your place for a University of Notre Dame Short Course. This can be completed via the registration links which require credit

card payment. If an invoice is required, please contact postgraduatenursing@nd.edu.au (<mailto:postgraduatenursing@nd.edu.au>). This email does not secure course places. Places will be secured once payment is received. UNDA cannot hold spaces whilst awaiting invoice payment therefore prompt payment is recommended to ensure places on courses are confirmed.

Cancellations

Cancellation of registrations by registrants can be completed through contacting postgraduatenursing@nd.edu.au (<mailto:postgraduatenursing@nd.edu.au>). A full refund can be provided if cancellation occurs outside of the minimum cancellation period outlined for the course which is 14 days. The minimum cancellation period is measured in days prior to the course commencement date.

If cancellation occurs within the stipulated minimum cancellation period, the candidate will not receive any refund unless the course place is taken by another participant. The candidate will not be able to transfer to another course without full payment for the future course unless the course place is taken by another participant.

The University of Notre Dame Australia reserves the right to cancel a course date if minimum numbers are not met. Candidates will be notified no later than five days before the course date of cancellation and full refund or course date transfer will be provided.

Transfers

Transfers to alternate course dates can be completed via email. Transfer without financial penalty will occur if transfers are completed outside of the minimum

cancellation window for the course. Transfer requests within the minimum cancellation window will forfeit the payment for the current date and require full payment for the requested future course date, unless the course place is taken by another participant.

Enquiries

All enquiries should be directed to
postgraduatenursing@nd.edu.au
(<mailto:postgraduatenursing@nd.edu.au>) or (08) 9433
0205

Need help? Ask us!

(08) 9233 0205

Duration: 20 hours

Campus: Fremantle

Study mode: On campus

Commencement: 7 April 2024

Cost: \$1600 (inc. GST)