



THE UNIVERSITY OF NOTRE DAME AUSTRALIA

Eating Disorders Essentials

Eating Disorders Essentials

Are you a health professional looking to refresh and develop your skills?

2024 Dates: 22nd June, 16th November

Time: 9:00am-1:00pm (AWST)

Cost: \$250 (inc. GST)

CPD Hours: 7 hours

Location: Fremantle Campus, WA

This course will examine current trends and practice in delivering psychiatric care to people suffering mental illness, specifically eating disorders. Emphasis on treatment and care options within tertiary, secondary and community settings will highlight ways in which healthcare agencies partner with other organisations and services. Participants will debate and reflect the ethical considerations inherent in determining a variety of hospital and community-based treatments. This course is informed by current legislation and delivered by a content

expert. Students will develop skills related to eating disorders building and presenting an argument, accessing, and using professional literature, making an observational record, creating documents, and producing documents to professional standards.

The course consists of three hours of pre-course activities and a four-hour face-to-face workshop where participants will workshop principles of care for people with eating disorders. Pre-course activity access and course location details will be emailed to participants approximately two weeks in advance. Pre-course activity access will be deactivated the day after the course.

This course is suitable for any health professionals caring for people with eating disorders or interested in learning more about this topic (nurses, midwives, doctors, allied health professionals, paramedics)

This course can be delivered at your local facility. To discuss this, please contact postgraduatenursing@nd.edu.au (<mailto:postgraduatenursing@nd.edu.au>) or call (08) 9433 0205

Course Learning Outcomes

By the end of the course, participant should be able to:

- Implement a plan of care for people with eating disorders in a community/hospital setting including mental health act considerations
- Discuss the access and pathways for utilising resources in managing patients displaying symptoms of eating disorders in a community/hospital setting.
- Describe a range of mental health interventions

including the use of the Mental Health Act and community treatment orders (CTO)

- Apply models of crisis intervention, psychiatric assessment, and risk assessment skillfully within a community/hospital setting
- Apply contemporary treatment practices including psychosocial interventions to patients with eating disorders

About the facilitator

Ms Jan Fountaine

RN, MN (Nurse Practitioner)

Jan Fountaine is the Nurse Practitioner for the Western Australian Eating Disorders Outreach and Consultation Service (WAEDOCS) with a nursing career spanning 40 years in both general and mental health settings within the UK and Australia. Additionally, she has a proven academic career as an Adjunct Lecturer in Mental Health Nursing at the University of Notre Dame Australia, designing and delivering theoretical and clinical components of postgraduate eating disorder courses and partnering with researchers at the cutting edge of their field.

In 2016 was instrumental in establishing the WAEDOCS service that educates, supports, and empowers health care providers in the management of people with eating disorders and continues to lead the way in developing local health care reforms. Jan is an excellent cultural change agent, acting as an ambassador for transformation and creating hope for individuals affected by this mental illness including her contribution to research and publishing.

Refund and cancellation policy

Payments

Payment in full is required to secure your place for a University of Notre Dame Short Course. This can be completed via the registration links which require credit card payment. If an invoice is required, please contact postgraduatenursing@nd.edu.au (<mailto:postgraduatenursing@nd.edu.au>). This email does not secure course places. Places will be secured once payment is received. UNDA cannot hold spaces whilst awaiting invoice payment therefore prompt payment is recommended to ensure places on courses are confirmed.

Cancellations

Cancellation of registrations by registrants can be completed through contacting postgraduatenursing@nd.edu.au (<mailto:postgraduatenursing@nd.edu.au>). A full refund can be provided if cancellation occurs outside of the minimum cancellation period outlined for the course, which is 14 days. The minimum cancellation period is measured in days prior to the course commencement date.

If cancellation occurs within the stipulated minimum cancellation period, the candidate will not receive any refund unless the course place is taken by another participant. The candidate will not be able to transfer to another course without full payment for the future course unless the course place is taken by another participant.

The University of Notre Dame Australia reserves the right to cancel a course date if minimum numbers are not met. Candidates will be notified no later than five days before

the course date of cancellation and full refund or course date transfer will be provided.

Transfers

Transfers to alternate course dates can be completed via email. Transfer without financial penalty will occur if transfers are completed outside of the minimum cancellation window for the course. Transfer requests within the minimum cancellation window will forfeit the payment for the current date and require full payment for the requested future course date, unless the course place is taken by another participant.

More information

All enquiries should be directed to
postgraduatenursing@nd.edu.au
(<mailto:postgraduatenursing@nd.edu.au>) or (08) 9433 0205

Need help? Ask Notre Dame

08 9433 0205

Duration: 7 hours

Campus: Fremantle

Study mode: Online; On campus

CPD Hours: 7 hours

Cost: \$250