



THE UNIVERSITY OF NOTRE DAME AUSTRALIA

Bachelor of Arts (Major: Counselling)

School of Arts & Sciences, Sydney Campus

From alcohol and substance dependency to trauma counselling, today's counsellor must deal with a very wide range of issues facing their patients, plus the ongoing pressures affecting the wider community. At The University of Notre Dame Australia, our Bachelor of Arts with a Major in Counselling is a highly structured three-year program that provides the theoretical background and the hands-on skills you will need to be a successful practitioner in this complex and highly demanding environment.

Why study this degree?

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Program summary

Core Curriculum

- CORE1001 Logos I
- CORE1002 Logos II
- CORE1003 Logos III
- ARTS1000 Academic Writing, Communication and Research

Year One

- Development Psychology
- COUN1000 Theories and Approaches to Counselling
- COUN1010 Counselling Skills Training
- COUN3160 Counselling and High Prevalence Mental Health Disorders
- COUN6006 Case Studies/Placement/Supervision
- COUN3170 Professional Legal & Ethical Issues in Counselling

Years Two & Three

TWO (2) counselling courses (to be chosen from the following):

- COUN3004 Counselling Couples and Families
- COUN2110 Trauma Counselling
- COUN2150 Counselling Children and Adolescents

- COUN3005 Counselling Older People
- COUN2080 Counselling in the Area of Alcohol and Other Drugs
- Social Psychology
- Models of Psychological Intervention

Plus 12 electives which may form another Major or Minor (undertaken during Years One, Two and/or Three).

Full details of the program requirements are contained in the Program Regulations (https://www.notredame.edu.au/_data/assets/pdf_file/0023/384/of-Arts.pdf).

Please note: The availability of these courses is indicative only and may be subject to change.

Study Abroad

You will have the opportunity to complete part of your degree at one of our partner institutions through our exchange program. Get in touch with the Study Abroad Office (<https://www.notredame.edu.au/international/study-abroad>) to find out more about studying in Asia, Europe and North America.

Real-world experience

You will learn from academics who are industry leaders and, through our practicum placements and internship programs, you will gain real professional experience and make valuable contacts with potential employers.

Entry requirements

Academic requirements for this program are outlined below. In addition, to be eligible for admission, all applicants need to satisfy minimum requirements outlined at [admission requirements](https://www.notredame.edu.au/study/admission-requirements) (<https://www.notredame.edu.au/study/admission-requirements>). These include those relating to age and [English Language Proficiency](https://www.notredame.edu.au/study/admission-requirements/english-language-proficiency-requirements) (<https://www.notredame.edu.au/study/admission-requirements/english-language-proficiency-requirements>). We also consider your application more broadly – your non-academic achievements (such as any previous leadership roles, volunteering, work, church and/or community involvement) as well as personal qualities - your aspirations and interests and your capacity to complete your chosen program.

Applicants with recent Secondary Education

- HSC Performance Band Results with a Band 4 in English, a minimum average of Bands 4s and an overall minimum average HSC mark of 70% in HSC Category A Courses (or Interstate equivalent). Applicants must be eligible for an ATAR or OP; or
- Minimum International Baccalaureate (IB) score of 24.

Applicants with Higher Education Study

- Other University Studies completed at undergraduate level or higher. A minimum number of 2 successfully completed subjects; or
- Successful completion of the Notre Dame Tertiary Pathway Program or of another Enabling Program

at a level deemed sufficient by the University.

Applicants who have successfully completed subjects at another University, which are relevant to the selected program of study, may be eligible for Advanced Standing (<https://www.notredame.edu.au/current-students/your-enrolment/admin-and-fees/sydney/advanced-standing>).

Applicants with Vocational Education and Training (VET) study

- Completed AQF Certificate IV or higher in a relevant discipline, from an accredited provider such as TAFE or a Registered Training Organisation (RTO)

Applicants with Work and Life Experience

Applicants with relevant work and life experience who left secondary education more than two years ago and have not undertaken VET or higher education study since then may seek admission on the basis of:

- Their experience. 'Experience' could include a combination of factors sufficient to demonstrate readiness for higher education such as Mature Age entry, relevant professional experience, community involvement or work experience. Applicants may have undertaken non-formal programs that have helped prepare them for tertiary education or are relevant to the proposed higher education field of study. Evidence must be provided as to the type and duration or employment (minimum of two years) in a relevant industry. The Special Tertiary Admissions Test (STAT) may be required.
- STAT – Scores of 150 in the Multiple Choice and

Written English sections are required.

- Higher School Certificate (HSC) (or equivalent) results if these have been completed within the last 5 years.

Fees

This Program has the following loan scheme(s) available for eligible students:

FEE-HELP

The FEE-HELP loan scheme assists eligible fee-paying students with the payment of all, or part, of their tuition fees, not including additional study costs such as accommodation or textbooks. Your FEE-HELP debt will be indexed each year in line with the Consumer Price Index.

Honours

An Honours award is available for this program. Further information can be found in the [Bachelor of Arts \(Honours\) regulations](#)

(https://www.notredame.edu.au/__data/assets/pdf_file/0024/384/of-Arts-Honours.pdf), or by contacting the [School of Arts & Sciences](#)

(<https://www.notredame.edu.au/about/schools/sydney/arts-and-sciences/contact-us>).

Career opportunities

The following careers are open to graduates of this program:

- Trauma counsellor
- Drug and alcohol counsellor
- Family counsellor

More information

For more information on the Bachelor of Arts (Major: Counselling), please contact the Prospective Students Office on +61 (2) 8204 4404 or email sydney@nd.edu.au (<mailto:sydney@nd.edu.au>).

All international enquiries should contact the International Students Office on international@nd.edu.au (<mailto:international@nd.edu.au>).

APPLY DIRECT ↴

Need help? Ask Notre Dame

(02) 8204 4400

Duration: 3 years full-time or equivalent part-time

Campus: Sydney

Practical Component: 60 hours

Loan Scheme: HECS-HELP

Study mode: On campus

Code: Program Code 3009, CRICOS Code 015324A

Commencement: Semester 1 or Semester 2